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# Well-being and career instability across genders in the Spanish Astronomical Society

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# Abstract

We present the results of a comprehensive survey conducted among members of the Spanish Astronomical Society (Sociedad Española de Astronomía, SEA) to assess well-being, professional satisfaction, and family–work balance of researchers in astronomy. The survey addressed multiple aspects of professional life, including happiness, career stability, publication pressure, and access to childcare services during scientific meetings. Responses were examined across gender and career stages to identify trends and sources of dissatisfaction.

