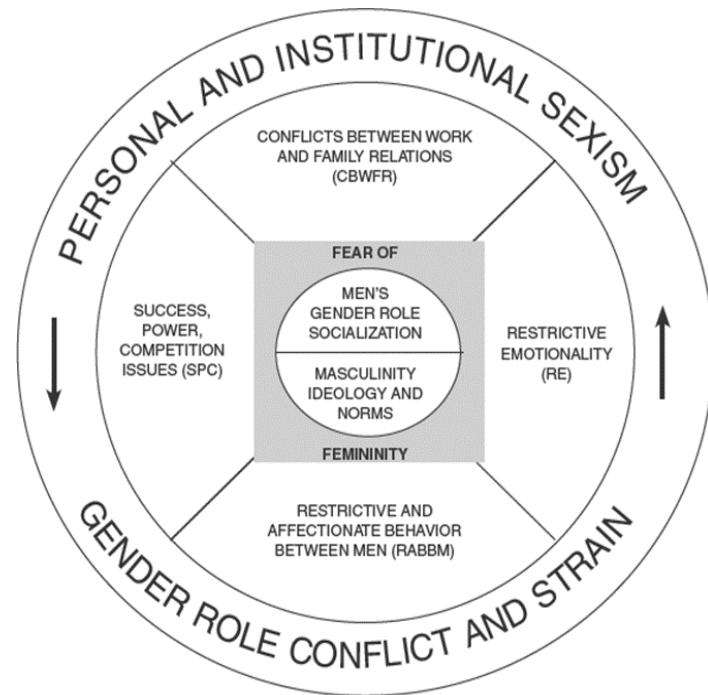


# Tema 6

## Hombres y masculinidades

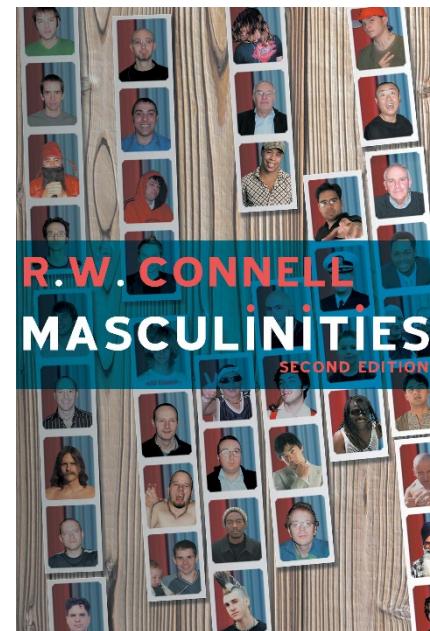
---

José Andrés Fernández Cornejo  
Universidad Complutense de Madrid  
Curso 2022-2023  
<https://www.ucm.es/aedipi>



Cuestiones fundamentales que queremos responder en este tema:

- **¿Qué son los estudios sobre “masculinidades”?**
- **Masculinidad hegemónica** (Raewyn Connell)
- **4 características del “real man”** (Brannon)
- **6 rasgos de la masculinidad hegemónica** (O’Neil)
- **Masculinidad precaria** (Jennifer Bosson y Joseph Vandello)
- **Masculinidad inclusiva** (Eric Anderson y Mark McCormack)
- **Masculinidad híbrida** (Michael Messner, Demetakis Demetriou)
- **Caring Masculinities** (Karla Elliott)
- **Manhood acts** (Schrock y Schwalbe)
- **Ejemplos de algunos estudios sobre masculinidades**



- **Qué son los estudios sobre masculinidades**

- **Qué consideramos que significa ser hombre** en diferentes culturas, en diferentes momentos y dentro de diferentes grupos (Kimmel). **Y qué consecuencias sobre los propios hombres** tienen esas experiencias.
- No hablamos de “masculinidad” en singular sino de “**masculinidades**”...
- Como el resto de normas o roles de género, la masculinidad es una **construcción social** (las masculinidades son socialmente producidas, fluidas y contingentes).
- Se inscriben plenamente en los estudios de género y feministas

Raewyn Connell <http://www.raewynconnell.net/>

Michael Kimmel <http://www.michaelkimmel.com/>

Michael Kaufman <http://michaelkaufman.com/>

Michael Messner <http://www.michaelmessner.org/>

Jennifer Bosson <http://psychology.usf.edu/faculty/jbosson/>

Joseph Vandello <http://psychology.usf.edu/faculty/vandello/>

Eric Anderson <http://ericandersonphd.com/>

Mark McCormack

Joseph Pleck [https://www.researchgate.net/profile/Joseph\\_Pleck](https://www.researchgate.net/profile/Joseph_Pleck)

Jim O'Neil <https://james-oneil.uconn.edu/biography/>

Ronald F. Levant <https://www.drronaldlevant.com/>

J. R. Mahalik

- Son enfoques teóricos que pertenecen al denominado “**gender role strain paradigm**” o al “**social constructionism**”

## “Gender role strain paradigm” Pleck (1995) [https://www.researchgate.net/profile/Joseph-Pleck/publication/232603411\\_The\\_gender\\_role\\_strain\\_paradigm\\_An\\_update/links/0deec5159bf8ba919f00000/The-gender-role-strain-paradigm-An-update.pdf](https://www.researchgate.net/profile/Joseph-Pleck/publication/232603411_The_gender_role_strain_paradigm_An_update/links/0deec5159bf8ba919f00000/The-gender-role-strain-paradigm-An-update.pdf)

Pleck distingue tres aspectos básicos dentro del “gender role strain paradigm”:

- Discrepancy strain
- Trauma strain
- Dysfunction strain

Implicit in these propositions are three broader ideas about how cultural standards for masculinity, as implemented in gender socialization, have potentially negative effects on individual males. The first idea is that a significant proportion of males exhibit long-term failure to fulfill male role expectations. The resulting disjunction between these expectations and these males' characteristics leads to low self-esteem and other negative psychological consequences. This dynamic is “gender role discrepancy” or “incongruity.”

Second, even if male role expectations are successfully fulfilled, the socialization process leading to this fulfillment is traumatic, or the fulfillment itself is traumatic, with long-term negative side effects. This is the “gender role trauma” argument.

And the third theoretical notion is that the successful fulfillment of male role expectations can have negative consequences because many of the characteristics viewed as desirable or acceptable in men (e.g., low level of family participation) have inherent negative side effects, either for males themselves or for others. This is the “gender role dysfunction” argument.

## ¿Qué es la masculinidad?

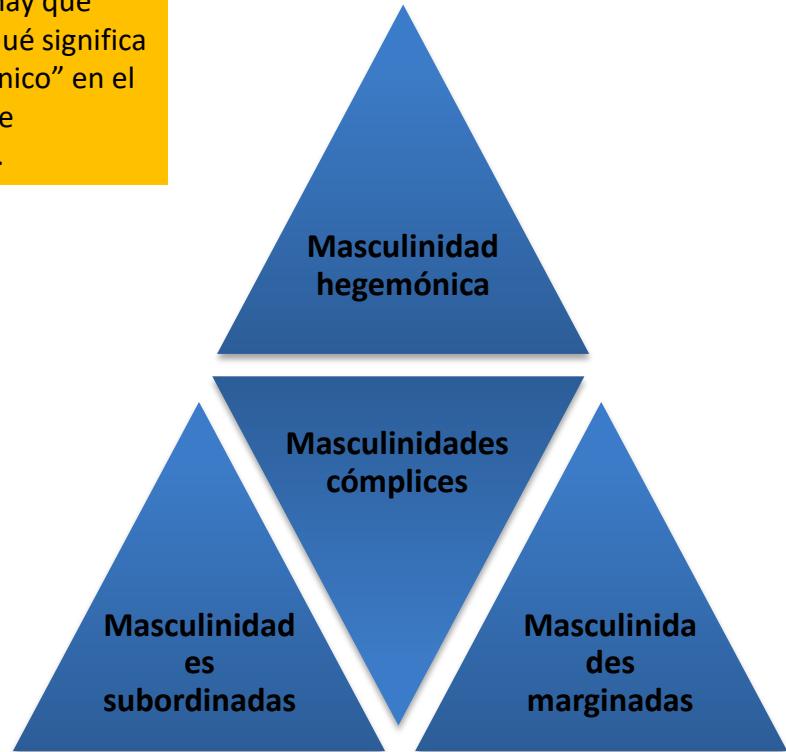


## • Masculinidad hegémónica (Raewyn Connell)

- Masculinidad de referencia.
- Prácticas y normas que legitiman a ese tipo de masculinidad como la dominante socialmente, quedando subordinadas a ella tanto las mujeres como otro tipo de masculinidades
- Inspirado en la idea de “hegemonía cultural” de Antonio Gramsci



Primero hay que explicar qué significa “hegémónico” en el sentido de Gramsci...



Mujeres

← Véanse págs. 76-81 de R. Connell (2005):  
*Masculinities*, 2º edition, University of California Press.

R. W. Connell y W. Messerschmidt (2005): “Hegemonic masculinity. Rethinking the Concept”, Gender & Society, 19(6), 829-859  
<http://journals.sagepub.com/doi/pdf/10.1177/0891243205278639>

Ejemplo de ideal de masculinidad hegemónica y de “gender role discrepancy”:

In an important sense there is only one complete unblushing male in America: a young, married, white, urban, northern, heterosexual Protestant father of college education, fully employed, of good complexion, weight, and height, and a recent record in sports. Every American male tends to look out upon the world from this perspective, this constituting one sense in which one can speak of a common value system in America. Any male who fails to qualify in any one of these ways is likely to view himself—during moments at least—as unworthy, incomplete, and inferior. (p. 128)

Erving Goffman (1963)



- 4 características del “real man” de Brannon (citadas por M. Kimmel):

- “Masculinity ideology” (Pleck)
- Masculinidad tradicional
- Masculinidad hegemónica

- **4 características del “real man” de Brannon (citadas por M. Kimmel):**

- Rechazo/temor a lo femenino y a ser considerados homosexuales

- “Masculinity ideology” (Pleck)
- Masculinidad tradicional
- Masculinidad hegemónica

- 4 características del “real man” de Brannon (citadas por M. Kimmel):

- Rechazo/temor a lo femenino y a ser considerados homosexuales
- Dinero y poder (dominar, controlar, tener éxito a toda costa...)

- “Masculinity ideology” (Pleck)
- Masculinidad tradicional
- Masculinidad hegémónica

- 4 características del “real man” de Brannon (citadas por M. Kimmel):

- Rechazo/temor a lo femenino y a ser considerados homosexuales
- Dinero y poder (dominar, controlar, tener éxito a toda costa...)
- Estoicismo, “ser un pilar” (no mostrar vulnerabilidad...)

- “Masculinity ideology” (Pleck)
- Masculinidad tradicional
- Masculinidad hegémónica

## • 4 características del “real man” de Brannon (citadas por M. Kimmel):

- Rechazo/temor a lo femenino y a ser considerados homosexuales
- Dinero y poder (dominar, controlar, tener éxito a toda costa...)
- Estoicismo, “ser un pilar” (no mostrar vulnerabilidad...)
- “Vivir peligrosamente”, amor al riesgo,...

- “Masculinity ideology” (Pleck)
- Masculinidad tradicional
- Masculinidad hegémónica

El intento de cumplir con estos requisitos para probar la masculinidad a veces significa traicionar al “verdadero hombre” (verdadera persona)

For example, Brannon (1976) described four themes that act as prescriptive and proscriptive norms for how a man should behave: (i) ‘No sissy stuff’ – men should not appear feminine; (ii) ‘Be a big wheel,’ – gain dominance and power through status; (iii) ‘The sturdy oak,’ – be strong, independent and unemotional; and (iv) ‘Give ‘em hell,’ – take risks, seek out violence and be adventurous.

- **6 rasgos de la masculinidad hegémónica (six patterns of men's gender-role conflict) según O'Neil:**

Operational definitions of the six patterns of gender-role conflict shown in Figure 1 were developed from previous theoretical literature (O'Neil, 1981a,b, 1982). The six patterns are defined below:

1. *Restrictive emotionality*—having difficulty expressing one's feelings or denying others their rights to emotional expressiveness.
2. *Homophobia*—having fear of homosexuals or fear of being a homosexual including beliefs, myths, and stereotypes about gay people.
3. *Control*—to regulate, restrain, or to have others or situations under one's command. *Power*—to obtain authority, influence, or ascendancy over others. *Competition*—striving against others to win or gain something.
4. *Restricted sexual and affectionate behavior*—having limited ways of expressing one's sexuality and affection to others.
5. *Obsession with achievement and success*—having a disturbing and persistent preoccupation with work, accomplishment and eminence as a means of substantiating and demonstrating value.
6. *Health care problems*—having difficulties maintaining positive health care in terms of diet, exercise, relaxation, stress, and a healthy life style.



**Fig. 1.** Six patterns of gender-role conflict and strain emanating from men's socialization and their fear of femininity. (From Solomon & Levy, 1982, p. 7).

- **Levant et al (2010)** established **seven dimensions** of hegemonic male role norms:

- restrictive emotionality
- self-reliance through mechanical skills
- negativity toward sexual minorities
- avoidance of femininity
- importance of sex
- Toughness
- dominance.

- **Conformity to Masculine Norms Inventory (CMNI). Mahalik et al. (2003)**

Desarrollado por Mahalik y compañía, intenta medir el constructo “conformidad con la masculinidad hegemónica”. El CMNI pretende ser una medida cognitiva, afectiva y comportamental de **la conformidad** con la ideología dominante de masculinidad (en sociedades occidentales, como la de EEUU).

Como pasa a menudo, la escala inicial tiene muchos ítems, y posteriormente se ofrecen versiones de la misma con menos ítems, que son más fáciles de introducir en cuestionarios.

En el caso de la **Conformity to Masculine Norms Inventory (CMNI)** existen tres versiones:

- CMNI-94
- CMNI-46
- CMNI-22

Este instrumento considera **11 dimensiones** de conformidad con la masculinidad dominante, que dan lugar a 11 sub-escalas: Winning, Emotional Control, Risk Taking, Violence, Power Over Women, Dominance, Playboy, Self-Reliance, Primacy of Work, Disdain for homosexuality, Pursuit of Status.

# Conformity to Masculine Norms Inventory-94 (CMNI-94)

1. It is best to keep your emotions hidden  
2. In general, I will do anything to win  
3. If I could, I would frequently change sexual partners  
4. If there is going to be violence, I find a way to avoid it  
5. It is important to me that people think I am heterosexual  
6. In general, I must get my way  
7. Trying to be important is the greatest waste of time  
8. I am often absorbed in my work  
9. I will only be satisfied when women are equal to men  
10. I hate asking for help  
11. Taking dangerous risks helps me to prove myself  
12. In general, I do not expend a lot of energy trying to win at things  
13. An emotional bond with a partner is the best part of sex  
14. I should take every opportunity to show my feelings  
15. I believe that violence is never justified  
16. Being thought of as gay is not a bad thing  
17. In general, I do not like risky situations  
18. I should be in charge  
19. Feelings are important to show  
20. I feel miserable when work occupies all my attention  
21. I feel best about my relationships with women when we are equals  
22. Winning is not my first priority  
23. I make sure that people think I am heterosexual  
24. I enjoy taking risks  
25. I am disgusted by any kind of violence  
26. I would hate to be important  
27. I love to explore my feelings with others  
28. If I could, I would date a lot of different people  
29. I ask for help when I need it  
30. My work is the most important part of my life  
31. Winning isn't everything, it's the only thing  
32. I never take chances  
33. I would only have sex if I was in a committed relationship  
34. I like fighting  
35. I treat women as equals  
36. I bring up my feelings when talking to others  
37. I would be furious if someone thought I was gay  
38. I only get romantically involved with one person  
39. I don't mind losing  
40. I take risks  
41. I never do things to be an important person  
42. It would not bother me at all if someone thought I was gay  
43. I never share my feelings  
44. Sometimes violent action is necessary  
45. Asking for help is a sign of failure  
46. In general, I control the women in my life  
47. I would feel good if I had many sexual partners  
48. It is important for me to win  
49. I don't like giving all my attention to work  
50. I feel uncomfortable when others see me as important  
51. It would be awful if people thought I was gay  
52. I like to talk about my feelings  
53. I never ask for help  
54. More often than not, losing does not bother me  
55. It is foolish to take risks  
56. Work is not the most important thing in my life  
57. Men and women should respect each other as equals  
58. Long term relationships are better than casual sexual encounters  
59. Having status is not very important to me  
60. I frequently put myself in risky situations  
61. Women should be subservient to men  
62. I am willing to get into a physical fight if necessary  
63. I like having gay friends  
64. I feel good when work is my first priority  
65. I tend to keep my feelings to myself  
66. Emotional involvement should be avoided when having sex  
67. Winning is not important to me  
68. Violence is almost never justified  
69. I am comfortable trying to get my way  
70. I am happiest when I'm risking danger  
71. Men should not have power over women  
72. It would be enjoyable to date more than one person at a time  
73. I would feel uncomfortable if someone thought I was gay  
74. I am not ashamed to ask for help  
75. The best feeling in the world comes from winning  
76. Work comes first  
77. I tend to share my feelings  
78. I like emotional involvement in a romantic relationship  
79. No matter what the situation I would never act violently  
80. If someone thought I was gay, I would not argue with them about it  
81. Things tend to be better when men are in charge  
82. I prefer to be safe and careful  
83. A person shouldn't get tied down to dating just one person  
84. I tend to invest my energy in things other than work  
85. It bothers me when I have to ask for help  
86. I love it when men are in charge of women  
87. It feels good to be important  
88. I hate it when people ask me to talk about my feelings  
89. I work hard to win  
90. I would only be satisfied with sex if there was an emotional bond  
91. I try to avoid being perceived as gay  
92. I hate any kind of risk  
93. I prefer to stay unemotional  
94. I make sure people do as I say

Items are scored on a Likert scale from 1 (*strongly disagree*) to 4 (*strongly agree*), with higher scores indicating stronger adherence to that particular masculine norm.

# Conformity to Masculine Norms Inventory-46 (CMNI-46)

## Emotional Control

- 13r. I bring up my feelings when talking to others.
- 18. I never share my feelings.
- 25r. I like to talk about my feelings.
- 32. I tend to keep my feelings to myself.
- 40r. I tend to share my feelings.
- 45. I hate it when people ask me to talk about my feelings.

## Winning

- 1. In general, I will do anything to win.
- 7r. Winning is not my first priority.
- 15r. I don't mind losing.
- 22. It is important for me to win.
- 27r. More often than not, losing does not bother me.
- 33r. Winning is not important to me.

## Playboy

- 2. If I could, I would frequently change sexual partners.
- 12r. I would only have sex if I was in a committed relationship.
- 21. I would feel good if I had many sexual partners.
- 36. It would be enjoyable to date more than one person at a time.

## Violence

- 4r. I believe that violence is never justified.
- 9r. I am disgusted by any kind of violence.
- 19. Sometimes violent action is necessary.
- 30. I am willing to get into a physical fight if necessary.
- 34r. Violence is almost never justified.
- 41r. No matter what the situation I would never act violently.

## Self-Reliance

- 3. I hate asking for help.
- 10r. I ask for help when I need it.
- 26. I never ask for help.
- 38r. I am not ashamed to ask for help.
- 43. It bothers me when I have to ask for help.

## Risk-Taking

- 6r. In general, I do not like risky situations.
- 8. I enjoy taking risks.
- 16. I take risks.
- 28. I frequently put myself in risky situations.
- 35. I am happiest when I'm risking danger.

## Power Over Women

- 20. In general, I control the women in my life.
- 9. Women should be subservient to men.
- 42. Things tend to be better when men are in charge.
- 44. I love it when men are in charge of women.

## Primacy of Work

- 11. My work is the most important part of my life.
- 23r. I don't like giving all my attention to work.
- 31. I feel good when work is my first priority.
- 39. Work comes first.

## Heterosexual Self-Presentation

- 5r. Being thought of as gay is not a bad thing.
- 14. I would be furious if someone thought I was gay.
- 17r. It would not bother me at all if someone thought I was gay.
- 24. It would be awful if people thought I was gay.
- 37. I would feel uncomfortable if someone thought I was gay.
- 46. I try to avoid being perceived as gay.

Items are scored on a Likert scale from 1 (*strongly disagree*) to 4 (*strongly agree*), with higher scores indicating stronger adherence to that particular masculine norm.

## • Conformity to Masculine Norms Inventory-22 (CMNI-22)

We used the Conformity to Masculine Norms Inventory (CMNI-22) to assess masculinity. This represents an abbreviated version of the original 94-item CMNI that was designed to measure cognitive, behavioral, and affective conformity to dominant masculine ideologies (Mahalik et al., 2003). The CMNI-22 uses the two highest loading items for each of the 11 factors from the original CNMI study and has a correlation of 0.92 with the full version of the questionnaire (Rochlen, McKelley, Suizzo, & Scaringi, 2008), which had scale reliability scores ranging from 0.44 (pursuit of status) to 0.81 (playboy). The inventory asks respondents to think about their own actions, feelings, and beliefs and indicate how much they personally agree or disagree with each of 22 statements which are scored from 0 (*strongly disagree*) to 3 (*strongly agree*). Some examples of pairs of statements correspond to 11 factors:

[https://www.researchgate.net/publication/322544031\\_The\\_Influence\\_of\\_Masculine\\_Norms\\_and\\_Occupational\\_Factors\\_on\\_Mental\\_Health\\_Evidence\\_From\\_the\\_Baseline\\_of\\_the\\_Australian\\_Longitudinal\\_Study\\_on\\_Male\\_Health](https://www.researchgate.net/publication/322544031_The_Influence_of_Masculine_Norms_and_Occupational_Factors_on_Mental_Health_Evidence_From_the_Baseline_of_the_Australian_Longitudinal_Study_on_Male_Health)

### CMNI - 22

The following items contain a series of statements about how men might think, feel or behave. The statements are designed to measure attitudes, beliefs, and behaviors associated with both traditional and non-traditional masculine gender roles.

**Thinking about your own actions, feelings and beliefs**, please indicate how much **you personally agree or disagree with each statement** by circling SD for "Strongly Disagree", D for "Disagree", A for "Agree", or SA for "Strongly agree" to the right of the statement. There are no correct or wrong answers to the items. You should give the responses that most accurately describe your personal actions, feelings and beliefs. It is best if you respond with your first impression when answering.

A mayor puntuación más tradicional o hegemónica la masculinidad.

Hay que invertir las preguntas: **3, 6, 9, 10, 12, 14, 15, 17 y 20**

|     |   |    |   |   |    |
|-----|---|----|---|---|----|
| 1.  | My work is the most important part of my life             | SD | D | A | SA |
| 2.  | I make sure people do as I say                            | SD | D | A | SA |
| 3.  | In general, I do not like risky situations                | SD | D | A | SA |
| 4.  | It would be awful if someone thought I was gay            | SD | D | A | SA |
| 5.  | I love it when men are in charge of women                 | SD | D | A | SA |
| 6.  | I like to talk about my feelings                          | SD | D | A | SA |
| 7.  | I would feel good if I had many sexual partners           | SD | D | A | SA |
| 8.  | It is important to me that people think I am heterosexual | SD | D | A | SA |
| 9.  | I believe that violence is never justified                | SD | D | A | SA |
| 10. | I tend to share my feelings                               | SD | D | A | SA |
| 11. | I should be in charge                                     | SD | D | A | SA |
| 12. | I would hate to be important                              | SD | D | A | SA |
| 13. | Sometimes violent action is necessary                     | SD | D | A | SA |
| 14. | I don't like giving all my attention to work              | SD | D | A | SA |
| 15. | More often than not, losing does not bother me            | SD | D | A | SA |
| 16. | If I could, I would frequently change sexual partners     | SD | D | A | SA |
| 17. | I never do things to be an important person               | SD | D | A | SA |
| 18. | I never ask for help                                      | SD | D | A | SA |
| 19. | I enjoy taking risks                                      | SD | D | A | SA |
| 20. | Men and women should respect each other as equals         | SD | D | A | SA |
| 21. | Winning isn't everything, it's the only thing             | SD | D | A | SA |
| 22. | It bothers me when I have to ask for help                 | SD | D | A | SA |

To score the CMNI-22: (a) score Strongly Disagree items as 0, Disagree as 1, Agree as 2, and Strongly Agree as 3; (b) recode the scoring of 9 items (i.e., 3, 6, 9, 10, 12, 14, 15, 17, 20) as 0 = 3, 1 = 2, 2 = 1, 3 = 0; then (c) sum the 22 items. Higher scores reflect greater conformity to traditional masculine norms.

When computing reliability, I encourage researchers to consider using theta, a special case of alpha for multidimensionality, instead of alpha. I recommend that because the 22 item scale is derived from the two highest loading items on 11 distinct factors. For information on theta see Helms, J. E., Henze, K. T., Sass T. L., & Mifsud, V. A. (2006). Treating Cronbach's alpha reliability as data in nonpsychometric substantive applied research. *The Counseling Psychologist, 34*, 630-660.

- |                               |   |
|-------------------------------|---|
| 1. Winning                    | 1. Mi trabajo es la parte más importante de mi vida.            |
| 2. Emotional Control          | 2. Me aseguro de que la gente haga lo que yo digo.              |
| 3. Risk Taking                | 3. En general, no me gustan las situaciones arriesgadas.        |
| 4. Violence                   | 4. Sería horrible si la gente pensase que soy gay.              |
| 5. Power Over Women           | 5. Me encanta cuando los hombres están al mando de las mujeres. |
| 6. Dominance                  | 6. Me gusta hablar de mis sentimientos.                         |
| 7. Playboy                    | 7. Me sentiría bien si tuviera muchas parejas sexuales.         |
| 8. Self-Reliance              | 8. Me importa mucho que la gente piense que soy heterosexual.   |
| 9. Primacy of Work            | 9. Creo que la violencia nunca está justificada.                |
| 10. Disdain for homosexuality | 10. Tiendo a compartir mis sentimientos.                        |
| 11. Pursuit of Status         | 11. Yo debería estar al mando.                                  |
|                               | 12. Yo odiaría ser importante.                                  |
|                               | 13. La acción violenta es necesaria a veces.                    |
|                               | 14. No me gusta dedicar toda mi atención al trabajo.            |
|                               | 15. La mayoría de las veces, no me importa perder.              |
|                               | 16. Si pudiera, cambiaría a menudo de pareja sexual.            |
|                               | 17. Nunca hago nada para llegar a ser importante.               |
|                               | 18. Jamás pido ayuda.   |
|                               | 19. Me gusta arriesgarme.                                       |
|                               | 20. Los hombres y las mujeres deben respetarse como iguales.    |
|                               | 21. El mejor sentimiento del mundo viene de ganar.              |
|                               | 22. Me molesta cuando tengo que pedir ayuda.                    |

- **Masculinidad precaria** (Jennifer Bosson y Joseph Vandello)

Según este enfoque, para muchos hombres su estatus masculino (su hombría) es algo resbaladizo, tenue y frágil. En concreto, señalan tres aspectos básicos que caracterizarían esa hombría precaria:

## • **Masculinidad precaria** (Jennifer Bosson y Joseph Vandello)

Según este enfoque, para muchos hombres su estatus masculino (su hombría) es algo resbaladizo, tenue y frágil. En concreto, señalan tres aspectos básicos que caracterizarían esa hombría precaria:

1. La hombría es vista como un **estatus bastante elusivo**, que debe ser alcanzado, que **uno se debe ganar**

## • **Masculinidad precaria** (Jennifer Bosson y Joseph Vandello)

Según este enfoque, para muchos hombres su estatus masculino (su hombría) es algo resbaladizo, tenue y frágil. En concreto, señalan tres aspectos básicos que caracterizarían esa hombría precaria:

1. La hombría es vista como un **estatus bastante elusivo**, que debe ser alcanzado, que **uno se debe ganar**
2. Una vez alcanzado, el estatus de hombría es tenue e **impermanente**; es decir, se puede perder o puede ser arrebatado

## • **Masculinidad precaria** (Jennifer Bosson y Joseph Vandello)

Según este enfoque, para muchos hombres su estatus masculino (su hombría) es algo resbaladizo, tenue y frágil. En concreto, señalan tres aspectos básicos que caracterizarían esa hombría precaria:

1. La hombría es vista como un **estatus bastante elusivo**, que debe ser alcanzado, que **uno se debe ganar**
2. Una vez alcanzado, el estatus de hombría es tenue e **impermanente**; es decir, se puede perder o puede ser arrebatado
3. La hombría **tiene que ser confirmada por terceros**; es decir, uno tiene que probar constantemente que es un "verdadero hombre". Debido a esta presión muchos hombres -sobre todo hombres heterosexuales y cisgénero que tienen unas actitudes de género tradicionales- experimentan una ansiedad acerca de su estatus de género mayor que la que experimentan las mujeres, y más aún si tienen la percepción de que ese estatus está cuestionado.

## • **Masculinidad precaria** (Jennifer Bosson y Joseph Vandello)

Según este enfoque, para muchos hombres su estatus masculino (su hombría) es algo resbaladizo, tenue y frágil. En concreto, señalan tres aspectos básicos que caracterizarían esa hombría precaria:

1. La hombría es vista como un **estatus bastante elusivo**, que debe ser alcanzado, que **uno se debe ganar**
2. Una vez alcanzado, el estatus de hombría es tenue e **impermanente**; es decir, se puede perder o puede ser arrebatado
3. La hombría **tiene que ser confirmada por terceros**; es decir, uno tiene que probar constantemente que es un "verdadero hombre". Debido a esta presión muchos hombres -sobre todo hombres heterosexuales y cisgénero que tienen unas actitudes de género tradicionales- experimentan una ansiedad acerca de su estatus de género mayor que la que experimentan las mujeres, y más aún si tienen la percepción de que ese estatus está cuestionado.

En algunos casos, este hecho puede dar lugar a una importante variedad de **comportamientos o estados negativos**:

- Conductas agresivas (como la violencia de género,...), asunción de riesgos, homofobia, estrés...
- Evitación de comportamientos y acciones que en principio serían beneficiosos para la persona (evitar usar ropa y objetos que se asocien a lo femenino; evitar manifestar gustos, actitudes o comportamientos que recuerden a lo femenino; ocultar los sentimientos, no mostrarse vulnerable, no cumplir los tratamientos médicos...)
- No implicarse en el cuidado de los hijos pequeños, evitar el uso de las medidas de conciliación...

- **Masculinidad inclusiva** (Eric Anderson y Mark McCormack)

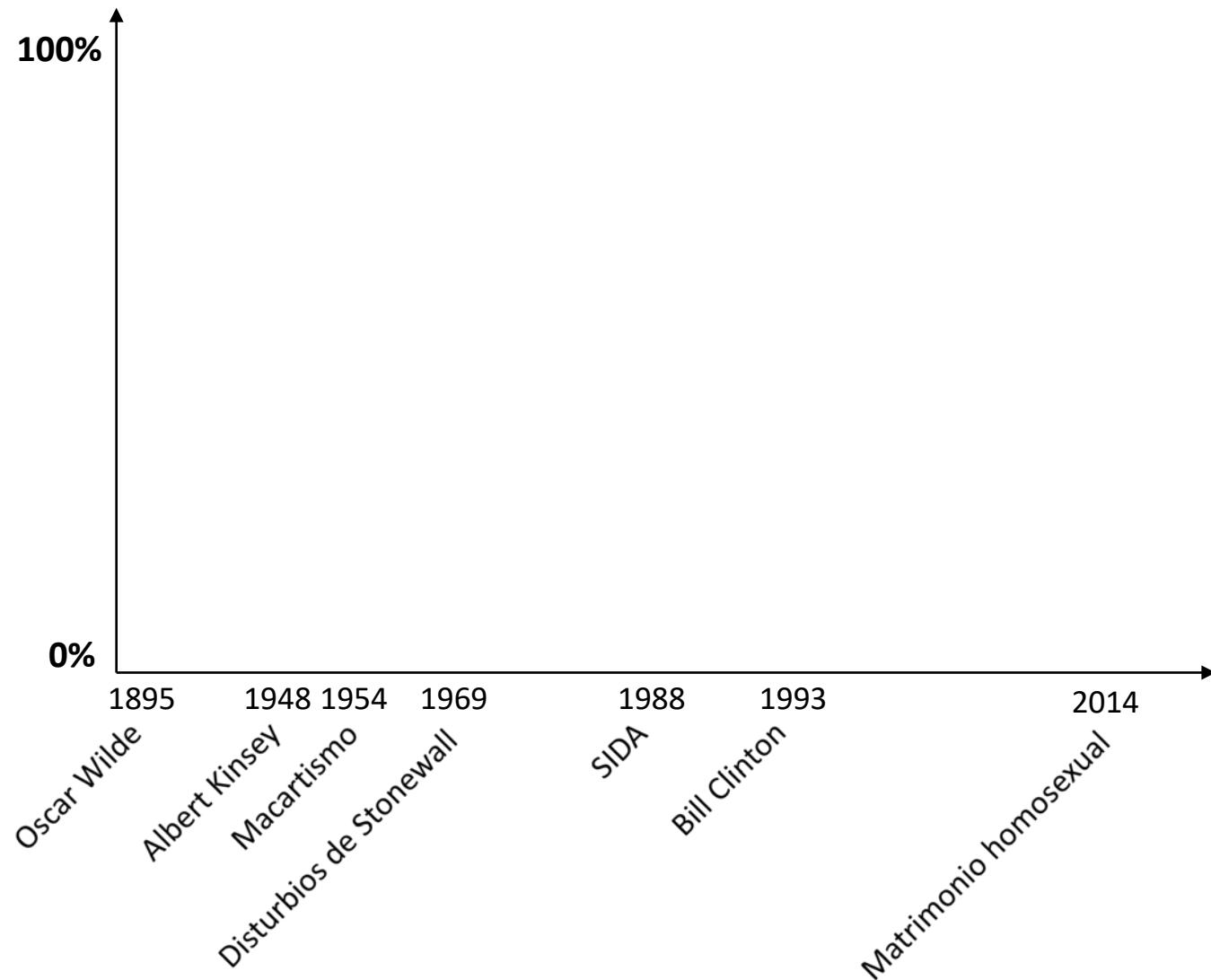
- E. Anderson pone el énfasis no tanto en el “temor a ser visto femenino” sino a “ser visto homosexual”
- Distinción entre:
  - **Grado de homofobia** (rechazo, prejuicios hacia las personas homosexuales)
  - **Grado en que se tiene conciencia de que** (estructuralmente) **existe un porcentaje de la población que es homosexual**
- La combinación de un alto grado de homofobia y de un alto grado de conciencia acerca de que la homosexualidad existe da lugar a la “**homohisteria**”

M. McCormack y E. Anderson (2014): “Homohysteria: Definitions, Context and Intersectionality, Sex Roles, 71, 152–158  
<file:///C:/Users/user/Downloads/2014Homohysteriaresponse.pdf>

E. Anderson y M. McCormack (2016): “Inclusive Masculinity Theory: overview, reflection and refinement”, Journal of Gender Studies. [https://www.researchgate.net/publication/309441585\\_Inclusive\\_Masculinity\\_Theory\\_overview\\_reflection\\_and\\_refinement](https://www.researchgate.net/publication/309441585_Inclusive_Masculinity_Theory_overview_reflection_and_refinement)

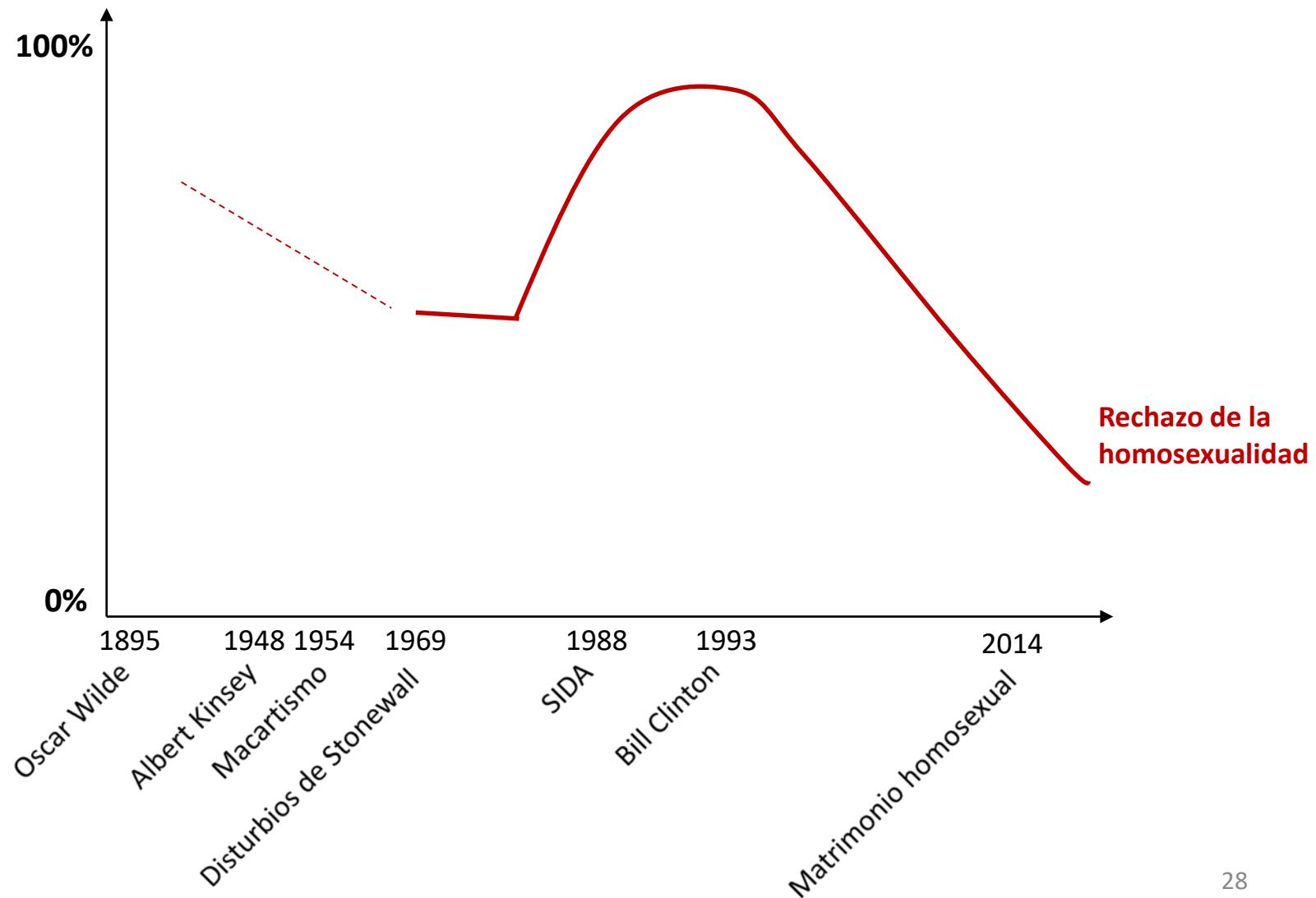
## Masculinidad inclusiva (Eric Anderson y Mark McCormack)

Tres fases:



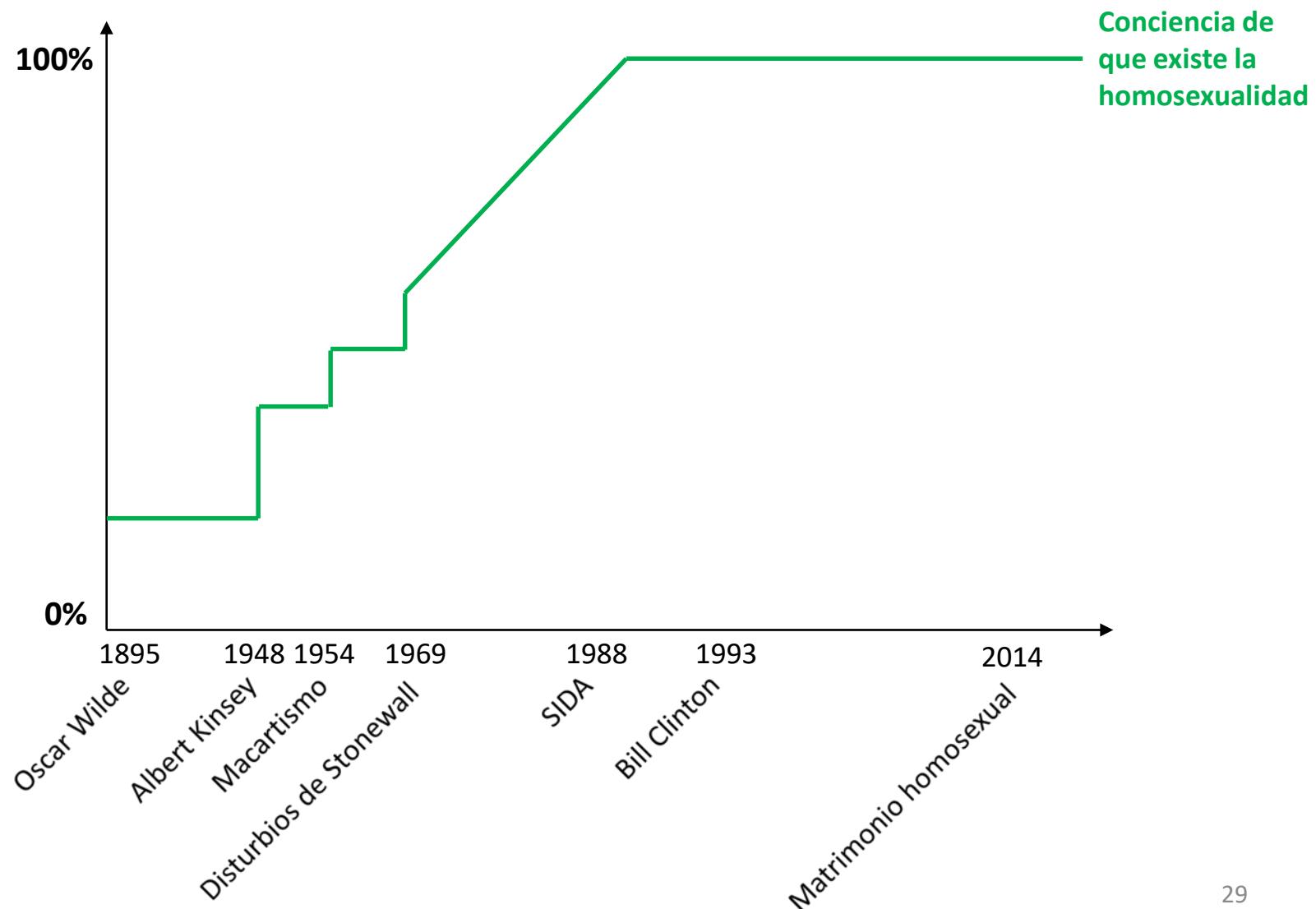
## Masculinidad inclusiva (Eric Anderson y Mark McCormack)

Tres fases:



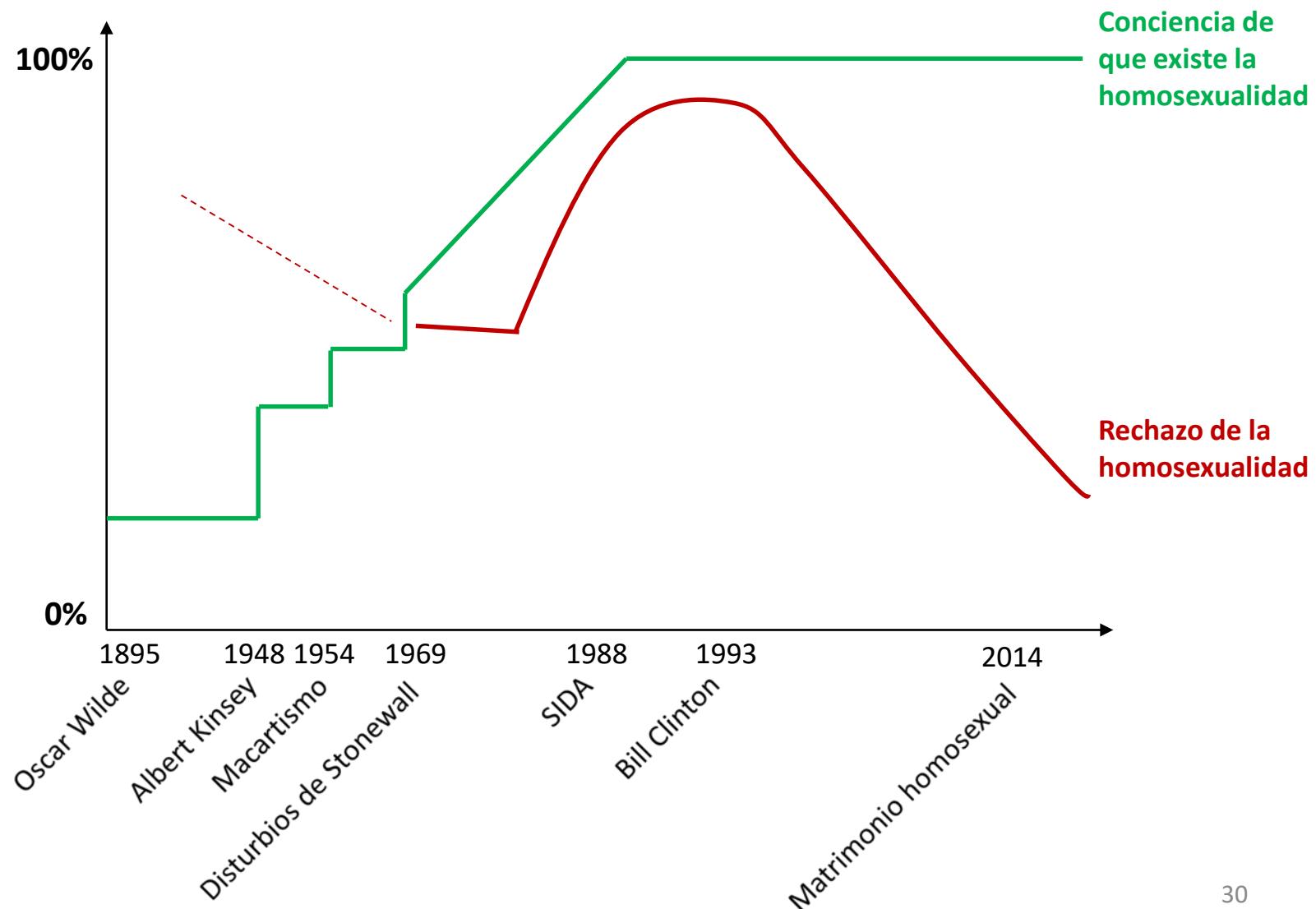
## Masculinidad inclusiva (Eric Anderson y Mark McCormack)

Tres fases:



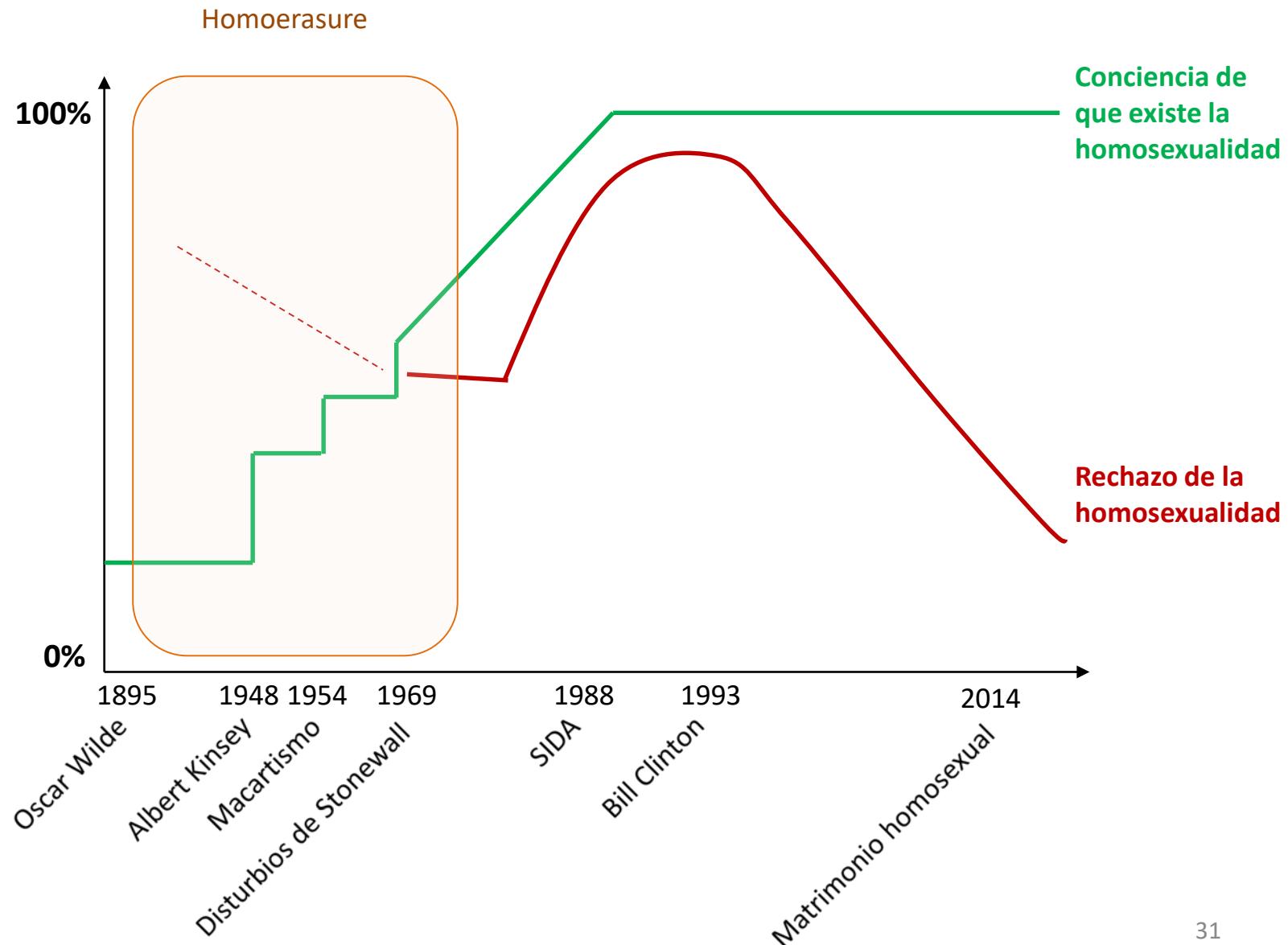
## Masculinidad inclusiva (Eric Anderson y Mark McCormack)

Tres fases:



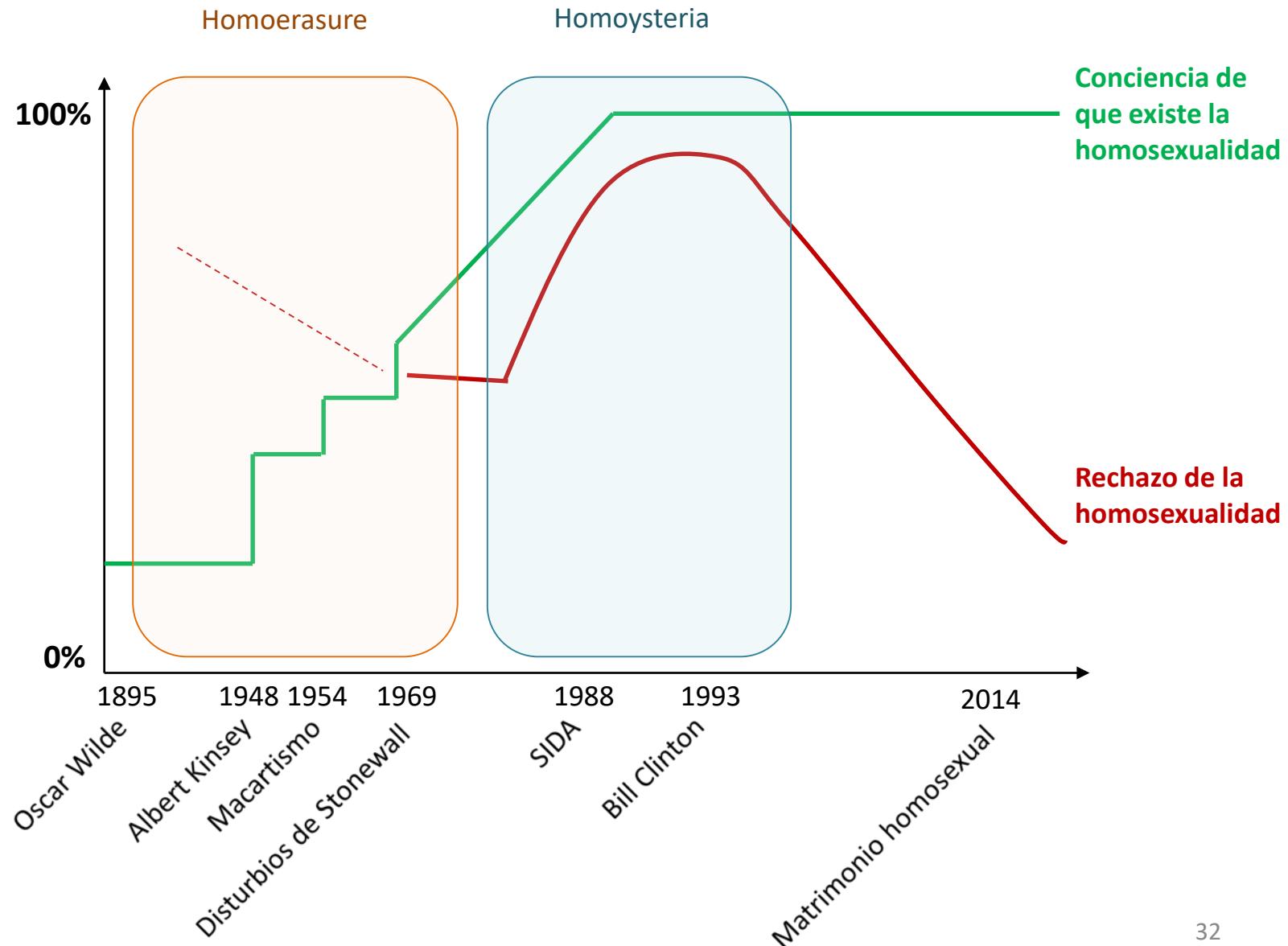
# Masculinidad inclusiva (Eric Anderson y Mark McCormack)

Tres fases:



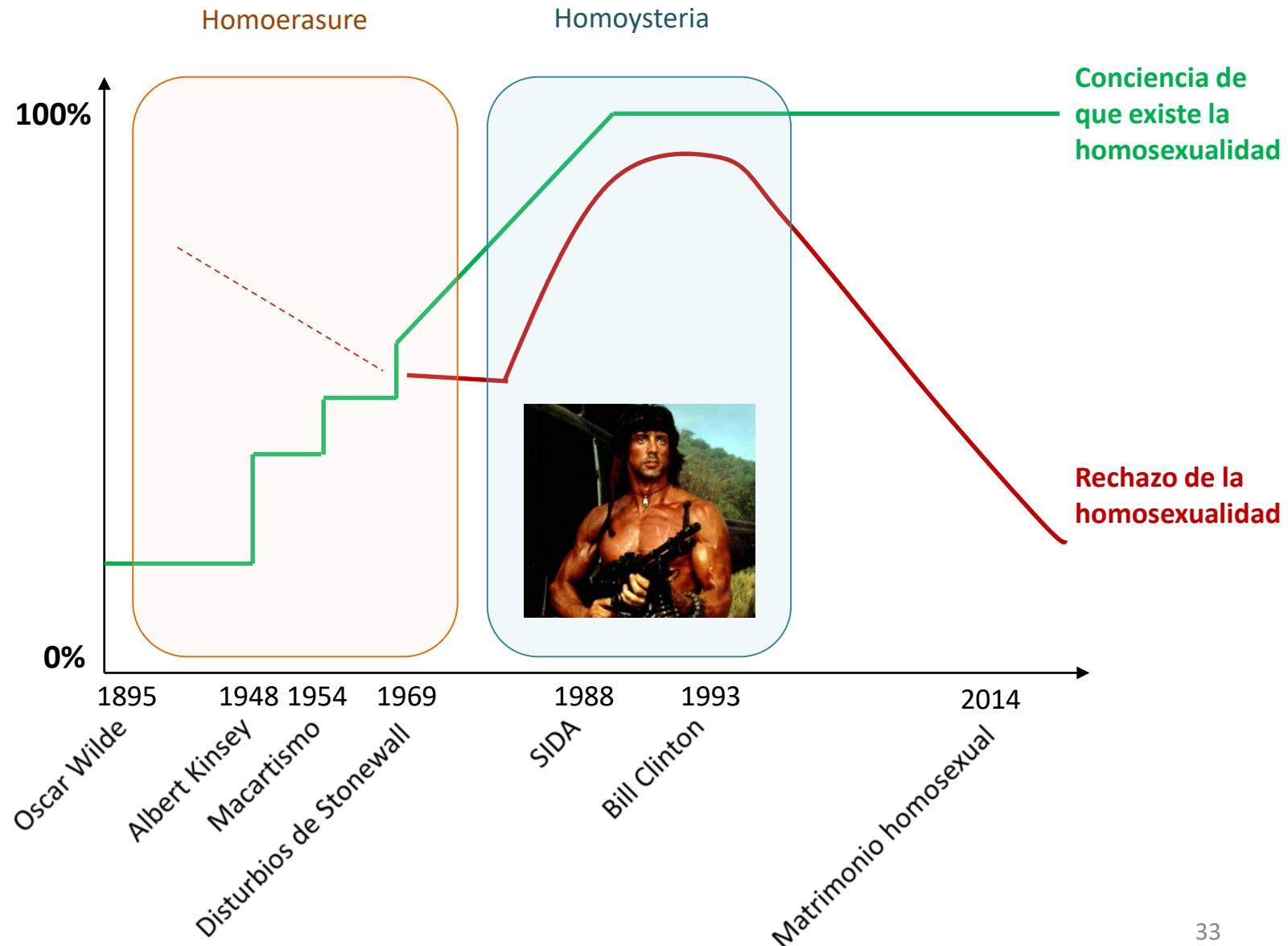
# Masculinidad inclusiva (Eric Anderson y Mark McCormack)

Tres fases:



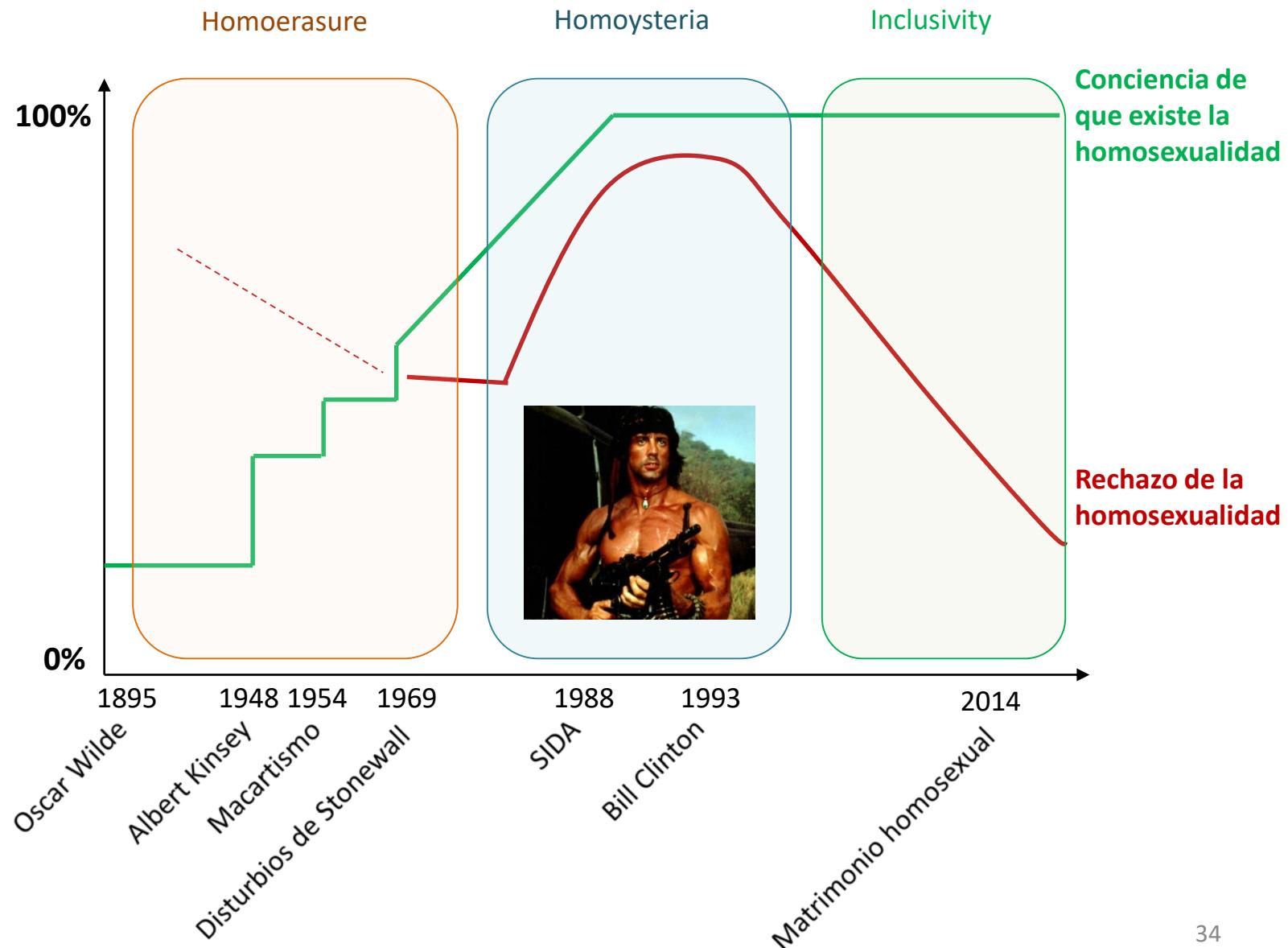
# Masculinidad inclusiva (Eric Anderson y Mark McCormack)

Tres fases:



# Masculinidad inclusiva (Eric Anderson y Mark McCormack)

Tres fases:



- **Masculinidad híbrida** (Michael Messner, Demetrakis Demetriou,...)

“Hybrid masculinities” refer to the selective incorporation of elements of identity typically associated with various marginalized and subordinated masculinities and – at times – femininities into privileged men’s gender performances and identities.



Tristan Bridges and C. J. Pascoe (2014): “Hybrid Masculinities: New Directions in the Sociology of Men and Masculinities”, *Sociology Compass* 8/3 : 246–258

[https://www.researchgate.net/publication/260911917\\_Hybrid\\_Masculinities\\_New\\_Directions\\_in\\_the\\_Sociology\\_of\\_Men\\_and\\_Masculinities](https://www.researchgate.net/publication/260911917_Hybrid_Masculinities_New_Directions_in_the_Sociology_of_Men_and_Masculinities)

- **Caring Masculinities** (Karla Elliott; Elli Scambor) <https://journals.sagepub.com/doi/10.1177/1097184X15576203>

A space has emerged for theorizing “caring masculinities,” as the concept has increasingly become a focus of **European critical studies on men and masculinities** (CSMM). In this article, I present a practice-based framework of the concept.

I propose that **caring masculinities are masculine identities that reject domination and its associated traits and embrace values of care such as positive emotion, interdependence, and relationality**. I suggest that these caring masculinities constitute a critical form of men’s engagement and involvement in gender equality and offer the potential of sustained social change for men and gender relations. I draw on CSMM and feminist care theory to construct the framework proposed here. In doing so, I offer a feminist exploration of how masculinities might be reworked into identities of care rather than domination.



(...) Caring masculinities can be seen as a gender equality intervention that seeks to integrate values and practices of care and interdependence, traditionally though not unescapably associated with women, into masculine identities.

(...) The **rejection of domination**, a characteristic so integral to traditional hegemonic masculinity, is of central importance to this model of caring masculinities

I propose that caring masculinities can be seen as masculine identities that exclude domination and embrace the affective, relational, emotional, and interdependent qualities of care identified by feminist theorists of care.

(...) Caring masculinities are, furthermore, a **critical form of men's engagement in gender equality** because doing care work requires men to resist hegemonic masculinity and to adopt values and characteristics of care that are antithetical to hegemonic masculinity.

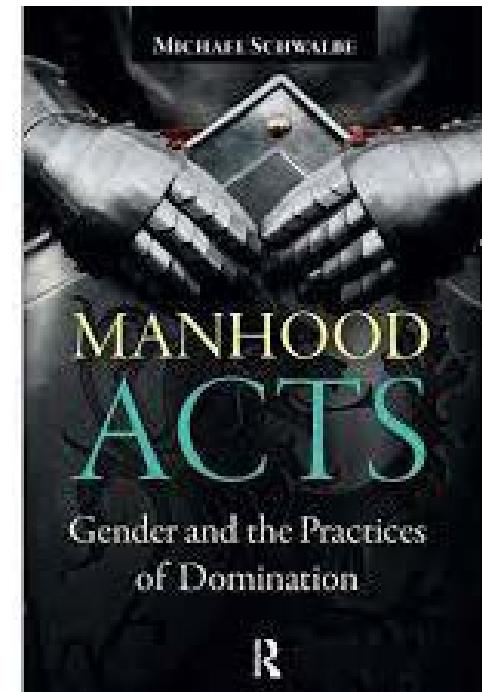
(...) In my model, caring masculinities as a gender equality strategy revolve around the incorporation of values and practices of care and interdependence identified by feminist theorists of care into masculine identities.

- **Manhood acts** (Schrock y Schwalbe, 2009) <https://www.jstor.org/stable/27800079>

Es un enfoque basado en el interaccionismo simbólico, en particular en el **enfoque dramatúrgico** de Goffman. Se trata de analizar cómo los varones “actúan” la masculinidad; cómo hacen el performance. Qué prácticas desarrollan. Cómo actúan la virilidad y cómo hacen para intentar conseguir el respeto de los demás.

- ¿Cómo aprenden los hombres a desempeñar la masculinidad?
- ¿Cómo y por qué varían esos actos (esas actuaciones)?
- ¿Cómo esas actuaciones de la virilidad reproducen la desigualdad de género?

Para que un varón concreto aproveche los beneficios derivados de pertenecer a un grupo (de género) dominante, no basta con “ser” un hombre, él mismo debe presentarse a los otros como un tipo particular de ser social: un hombre. Ser un hombre es algo que se desempeña, que se actúa.

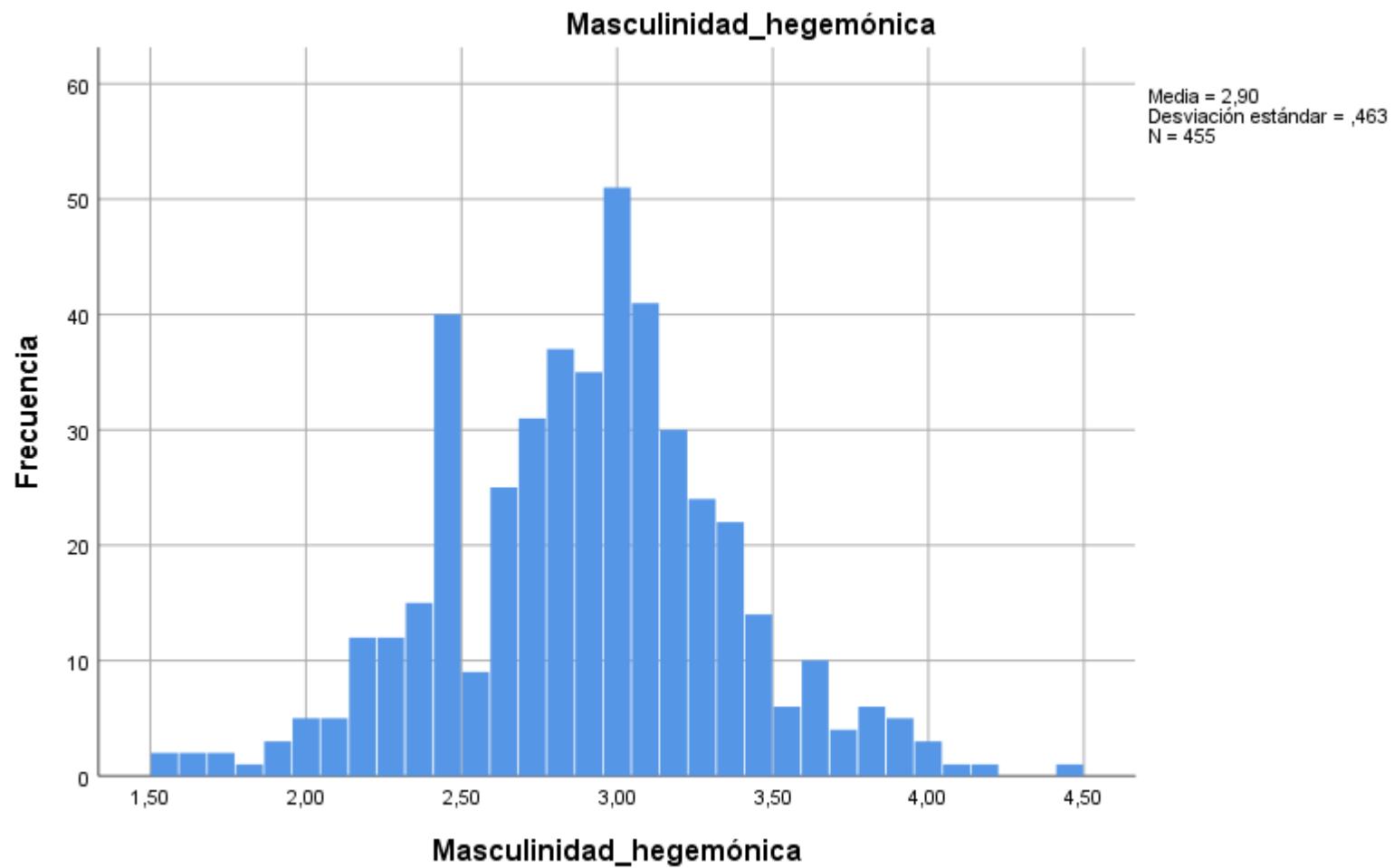


## Ejemplo de investigación en la que hemos empleando una escala de masculinidad tradicional/hegemónica

- Muestra: 455 varones asalariados, 25-45 años, residentes en España.
  - Mayo 2021
  - Cuestionario online
- 
- Para medir la masculinidad tradicional/hegemónica utilizamos el **Conformity to Masculine Norms Inventory-22** de Burns y Mahalik (2008)
  - Escala de **1-6**. (una puntuación mayor indica una masculinidad más tradicional)

- |                               |   |
|-------------------------------|---|
| 1. Winning                    | 1. Mi trabajo es la parte más importante de mi vida.            |
| 2. Emotional Control          | 2. Me aseguro de que la gente haga lo que yo digo.              |
| 3. Risk Taking                | 3. En general, no me gustan las situaciones arriesgadas.        |
| 4. Violence                   | 4. Sería horrible si la gente pensase que soy gay.              |
| 5. Power Over                 | 5. Me encanta cuando los hombres están al mando de las mujeres. |
| 6. Dominance                  | 6. Me gusta hablar de mis sentimientos.                         |
| 7. Playboy                    | 7. Me sentiría bien si tuviera muchas parejas sexuales.         |
| 8. Self-Reliance              | 8. Me importa mucho que la gente piense que soy heterosexual.   |
| 9. Primacy of Work            | 9. Creo que la violencia nunca está justificada.                |
| 10. Disdain for homosexuality | 10. Tiendo a compartir mis sentimientos.                        |
| 11. Pursuit of Status         | 11. Yo debería estar al mando.                                  |
|                               | 12. Yo odiaría ser importante.                                  |
|                               | 13. La acción violenta es necesaria a veces.                    |
|                               | 14. No me gusta dedicar toda mi atención al trabajo.            |
|                               | 15. La mayoría de las veces, no me importa perder.              |
|                               | 16. Si pudiera, cambiaría a menudo de pareja sexual.            |
|                               | 17. Nunca hago nada para llegar a ser importante.               |
|                               | 18. Jamás pido ayuda.   |
|                               | 19. Me gusta arriesgarme.                                       |
|                               | 20. Los hombres y las mujeres deben respetarse como iguales.    |
|                               | 21. El mejor sentimiento del mundo viene de ganar.              |
|                               | 22. Me molesta cuando tengo que pedir ayuda.                    |

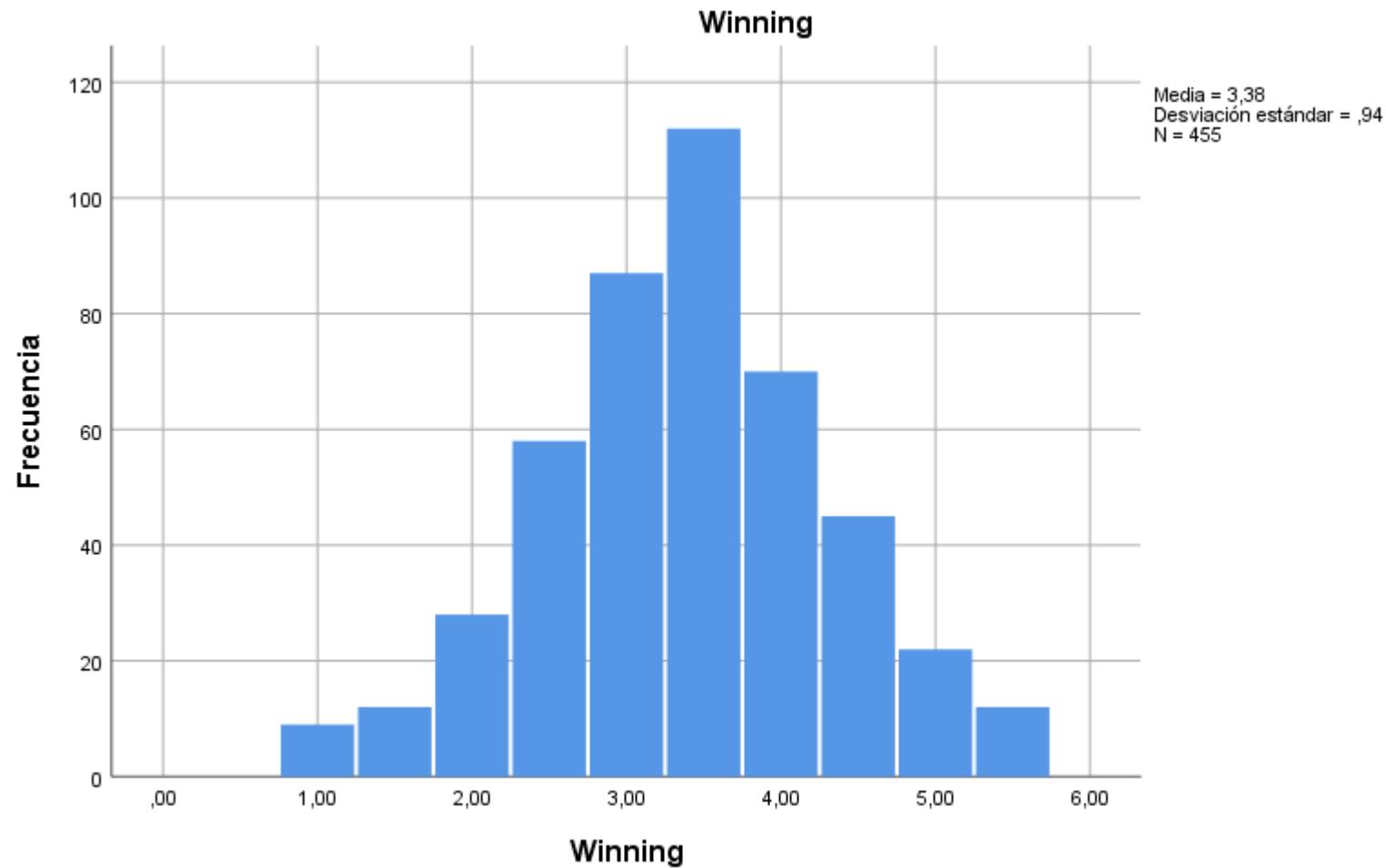
## Masculinidad hegemónica



## Winning

La mayoría de las veces, no me importa perder (R)

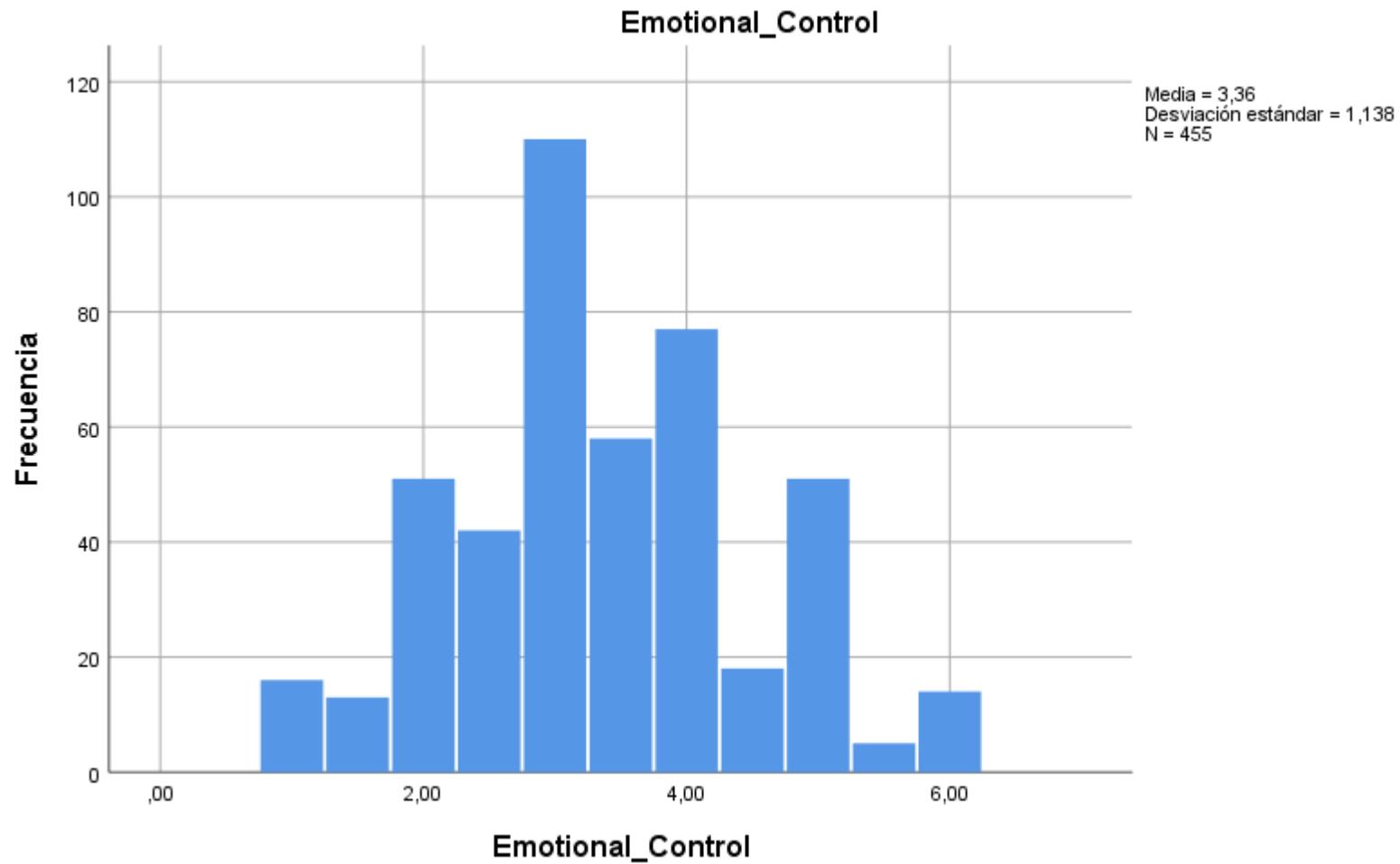
El mejor sentimiento del mundo viene de ganar



## Emotional Control

Me gusta hablar de mis sentimientos (R)

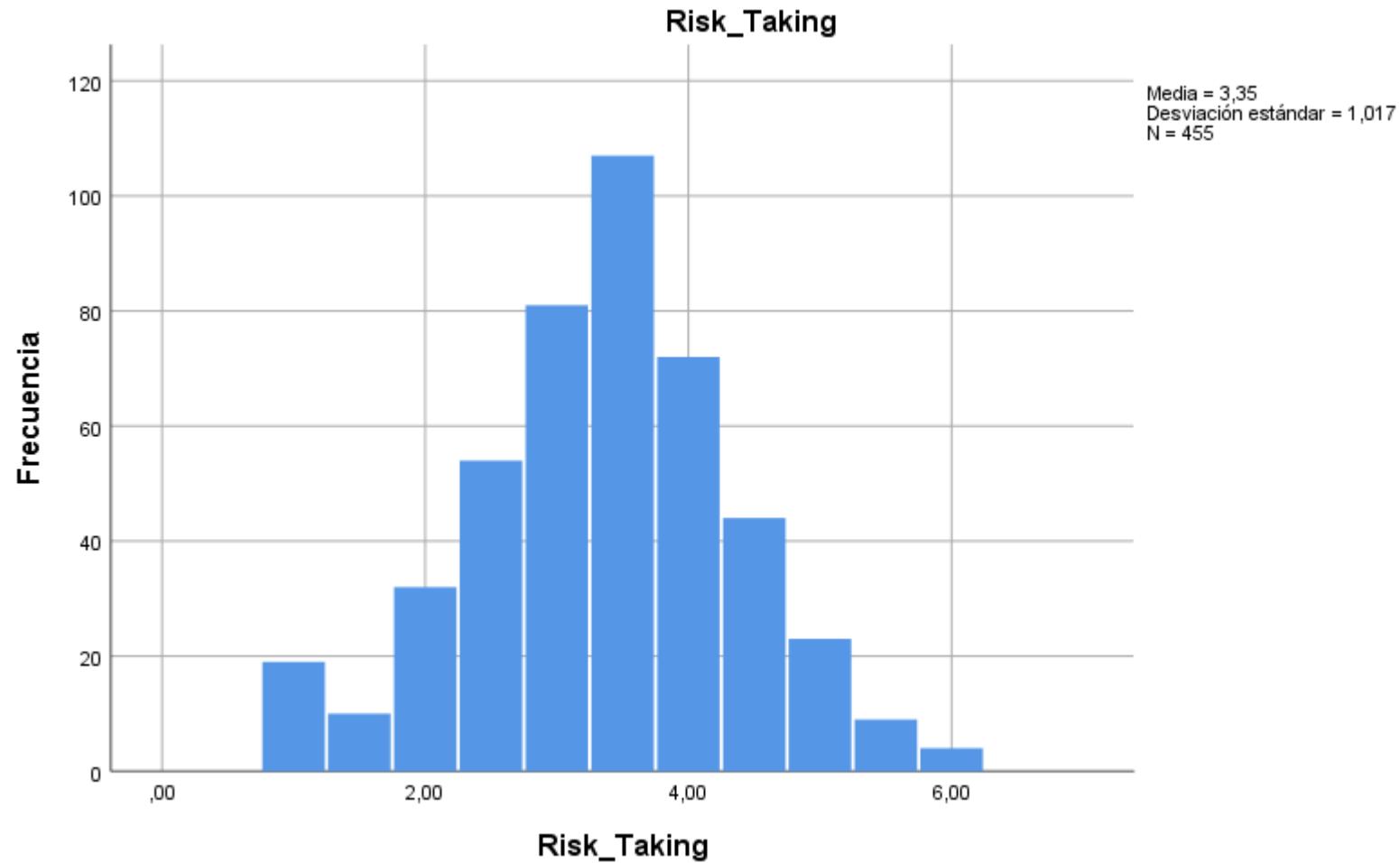
Tiendo a compartir mis sentimientos (R)



## Risk Taking

En general, no me gustan las situaciones arriesgadas (R)

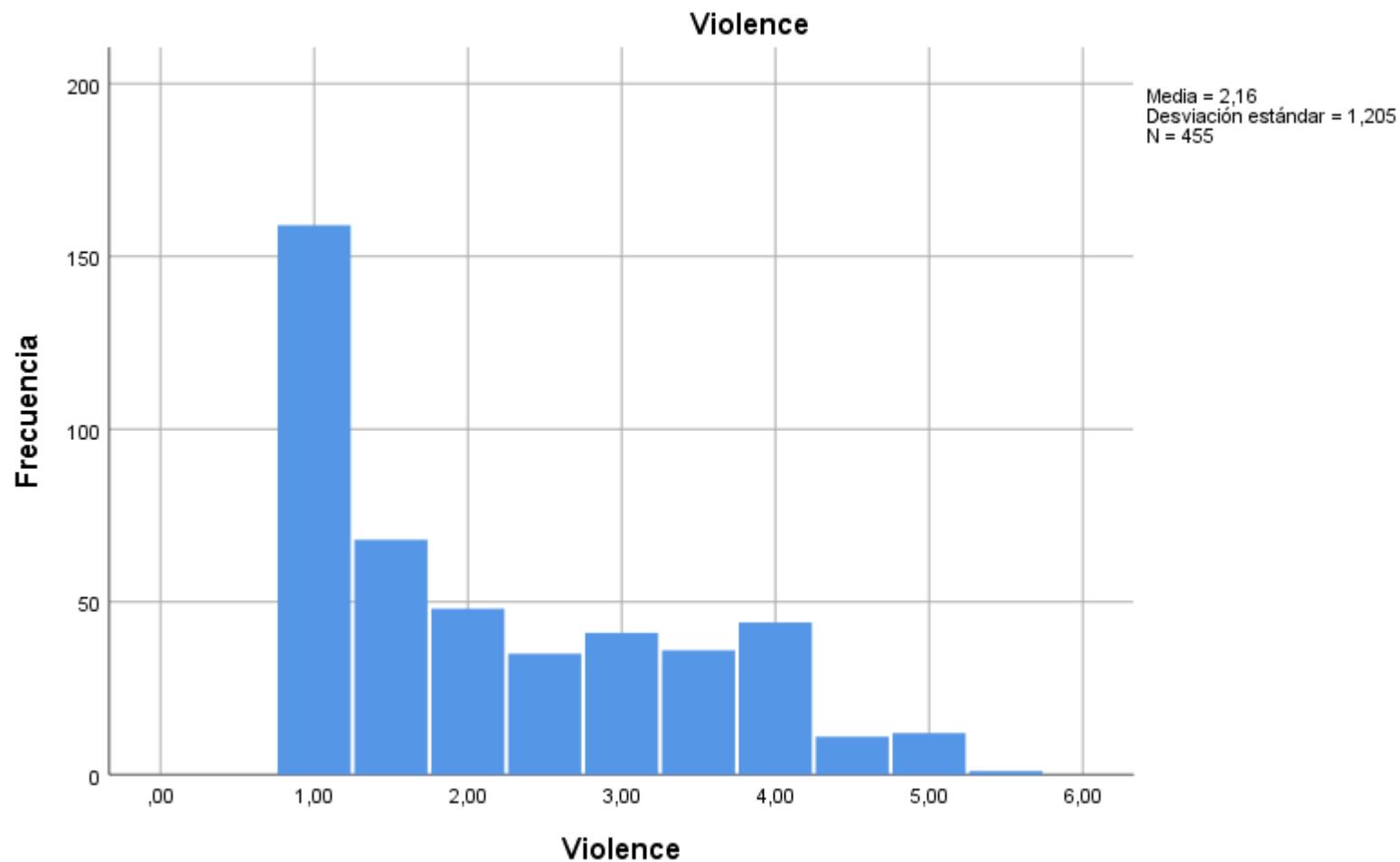
Me gusta arriesgarme



# Violence

Creo que la violencia nunca está justificada (R)

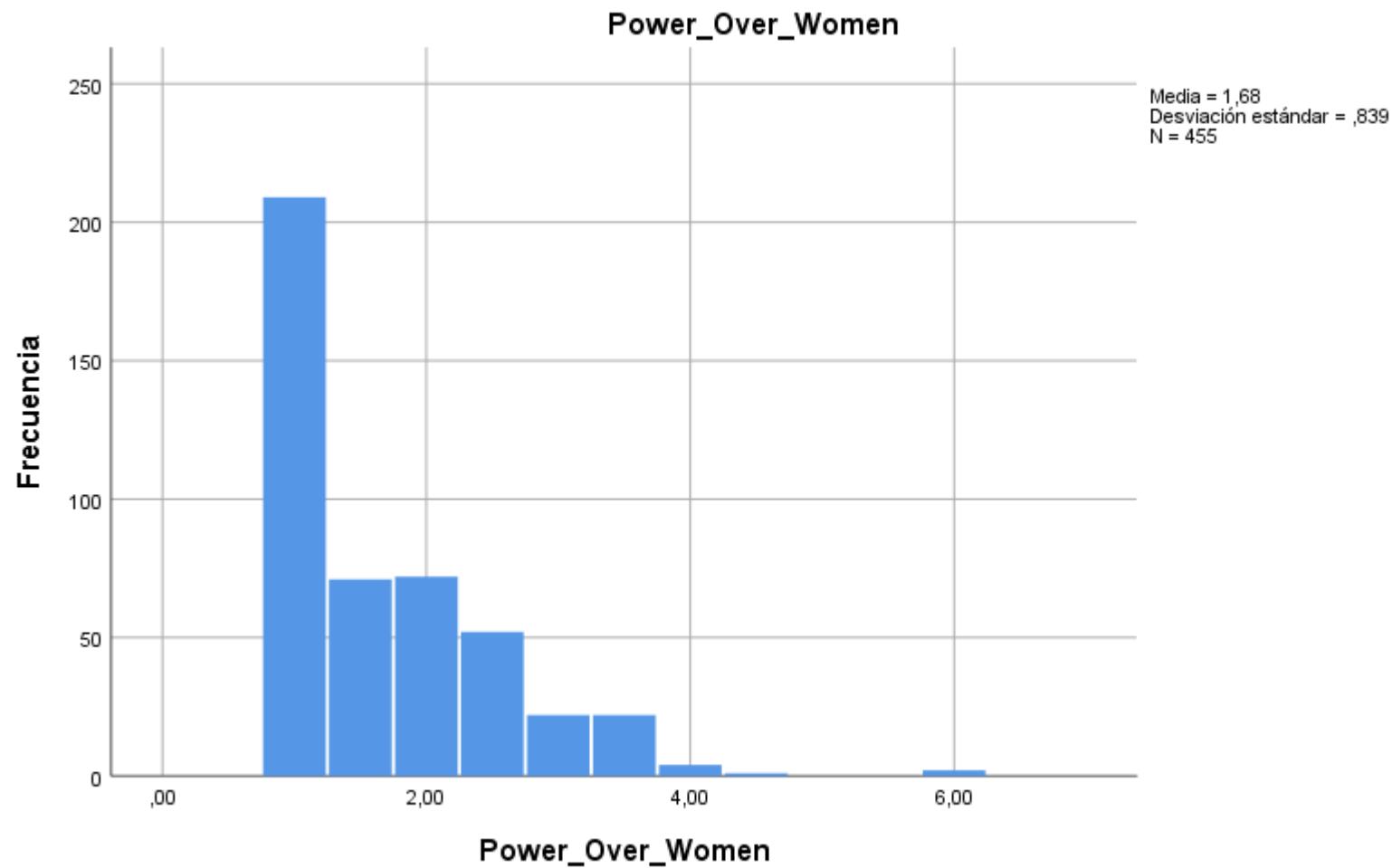
La acción violenta es necesaria a veces



## Power Over Women

Me encanta cuando los hombres están al mando de las mujeres

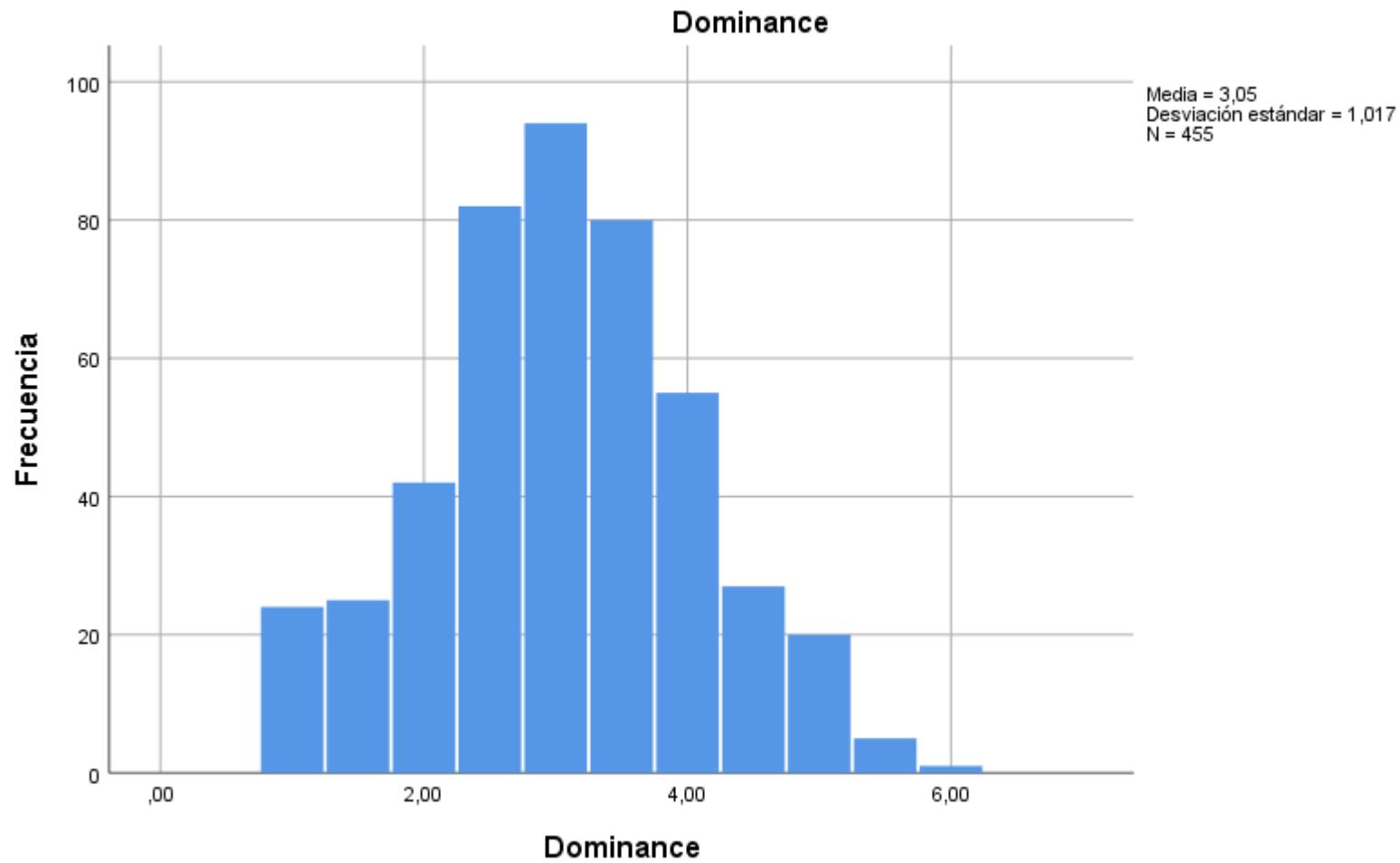
Los hombres y las mujeres deben respetarse como iguales (R)



## Dominance

Me aseguro de que la gente haga lo que yo digo

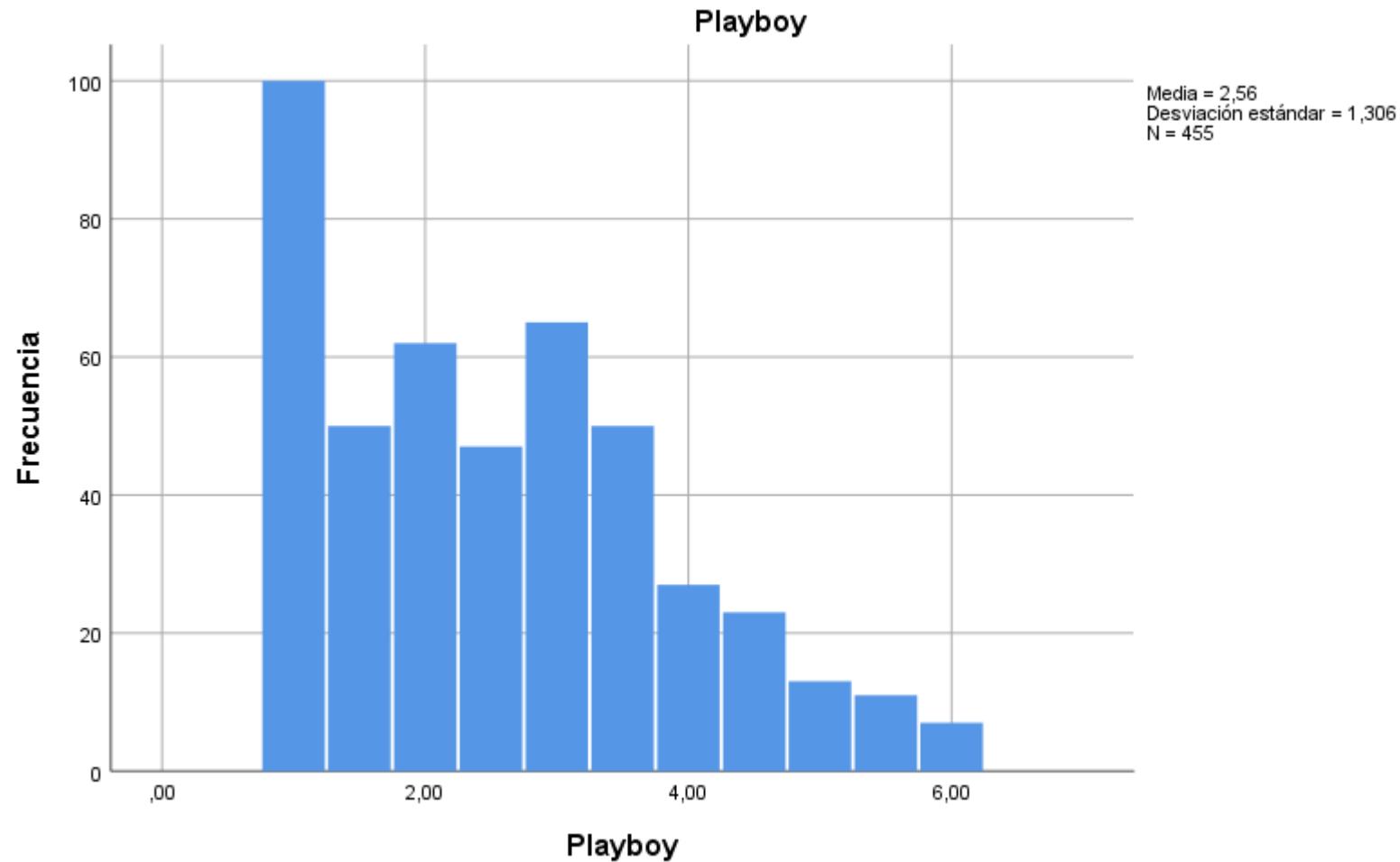
Yo debería estar al mando



# Playboy

Me sentiría bien si tuviera muchas parejas sexuales

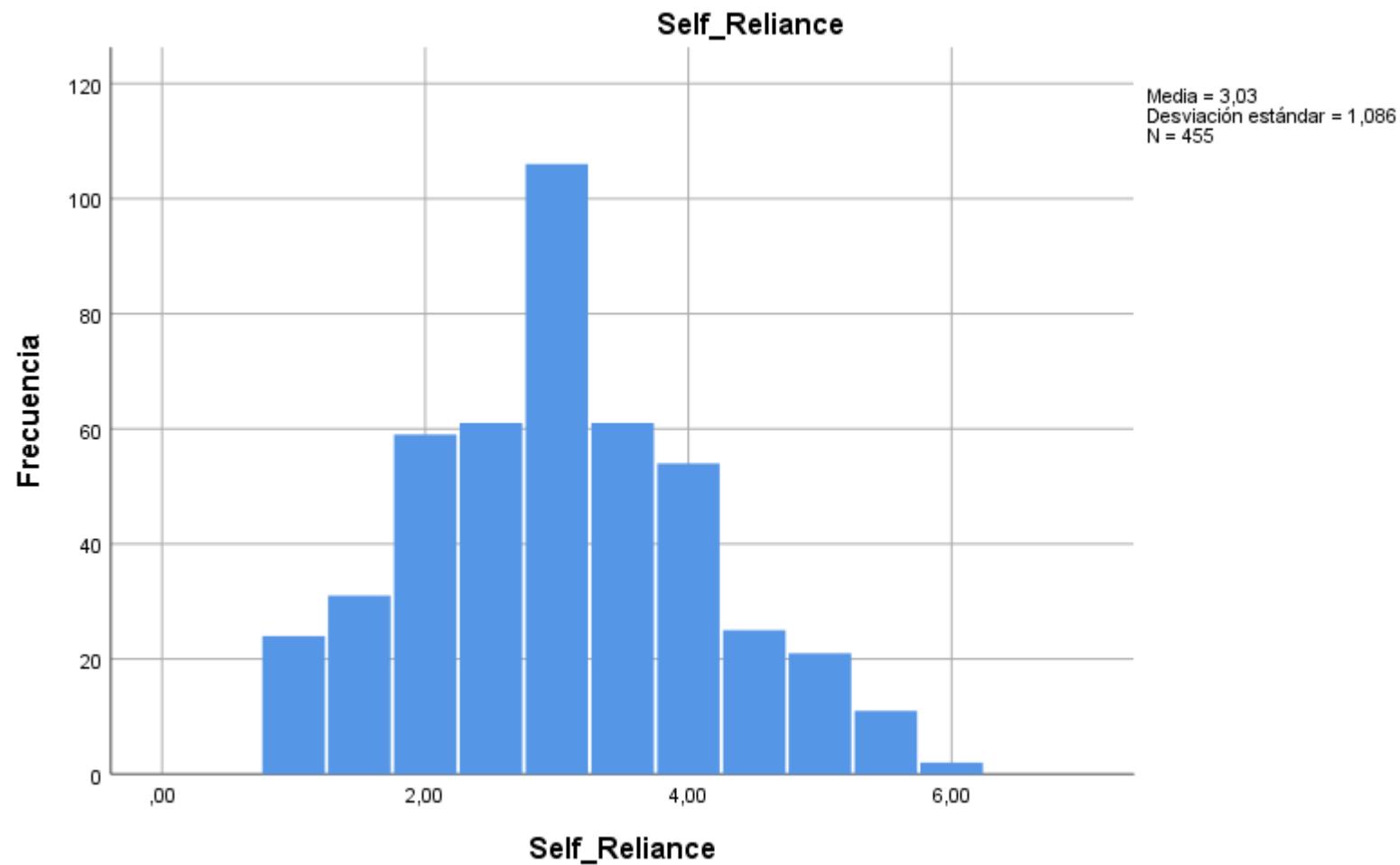
Si pudiera, cambiaría a menudo de pareja sexual



## Self-Reliance

Jamás pido ayuda

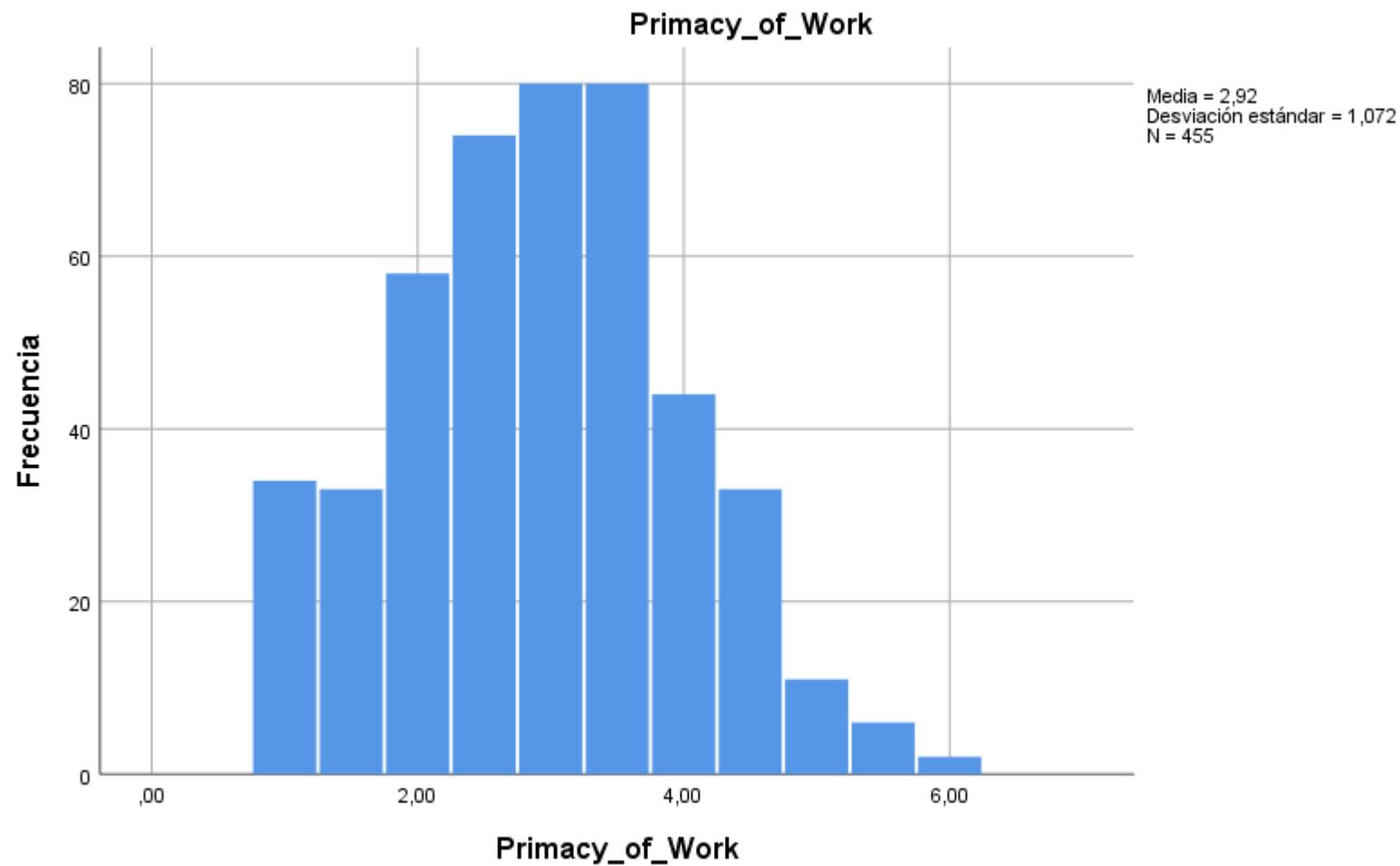
Me molesta cuando tengo que pedir ayuda



## Primacy of Work

Mi trabajo es la parte más importante de mi vida

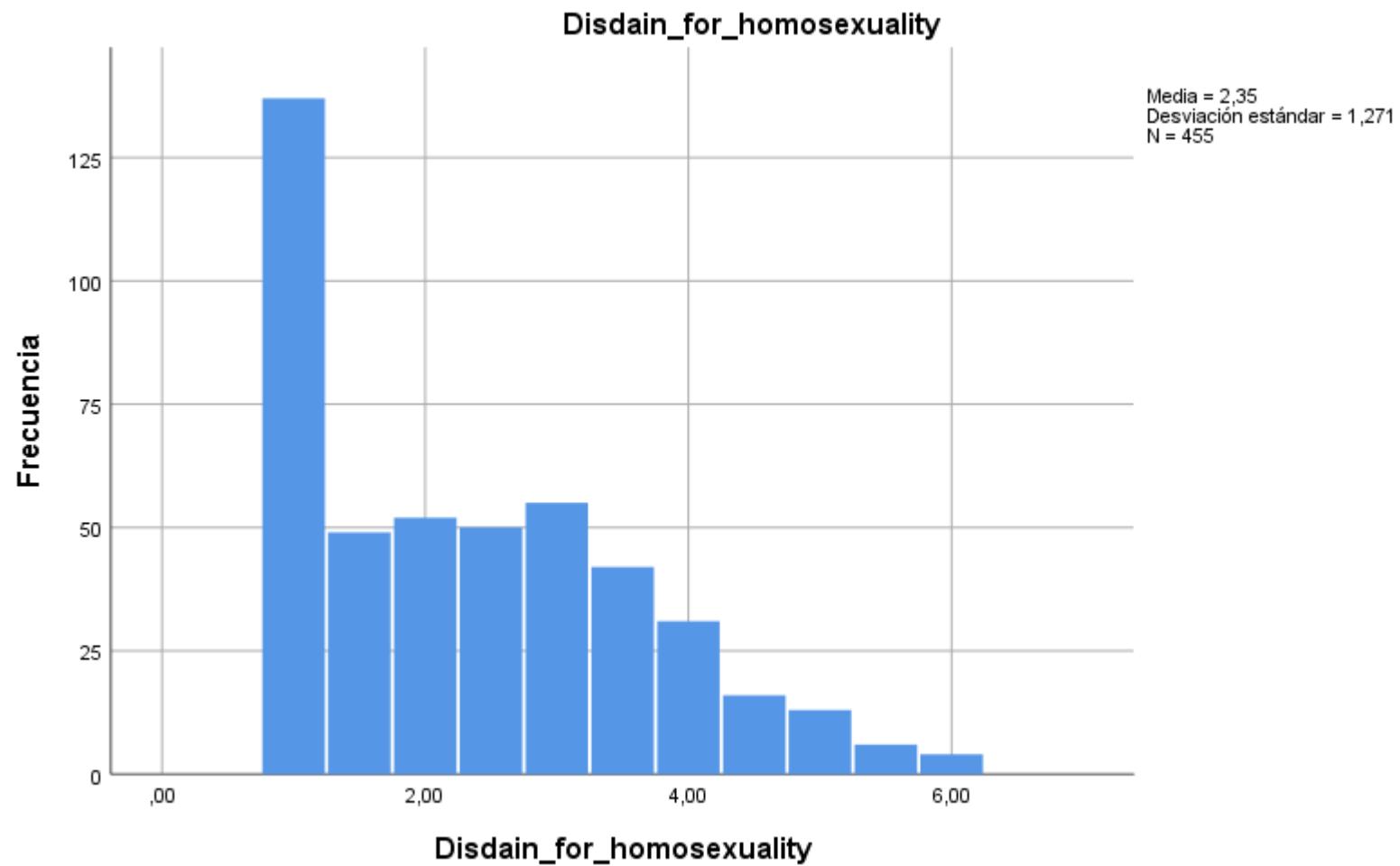
No me gusta dedicar toda mi atención al trabajo (R)



## Disdain for homosexuality

Sería horrible si la gente pensase que soy gay

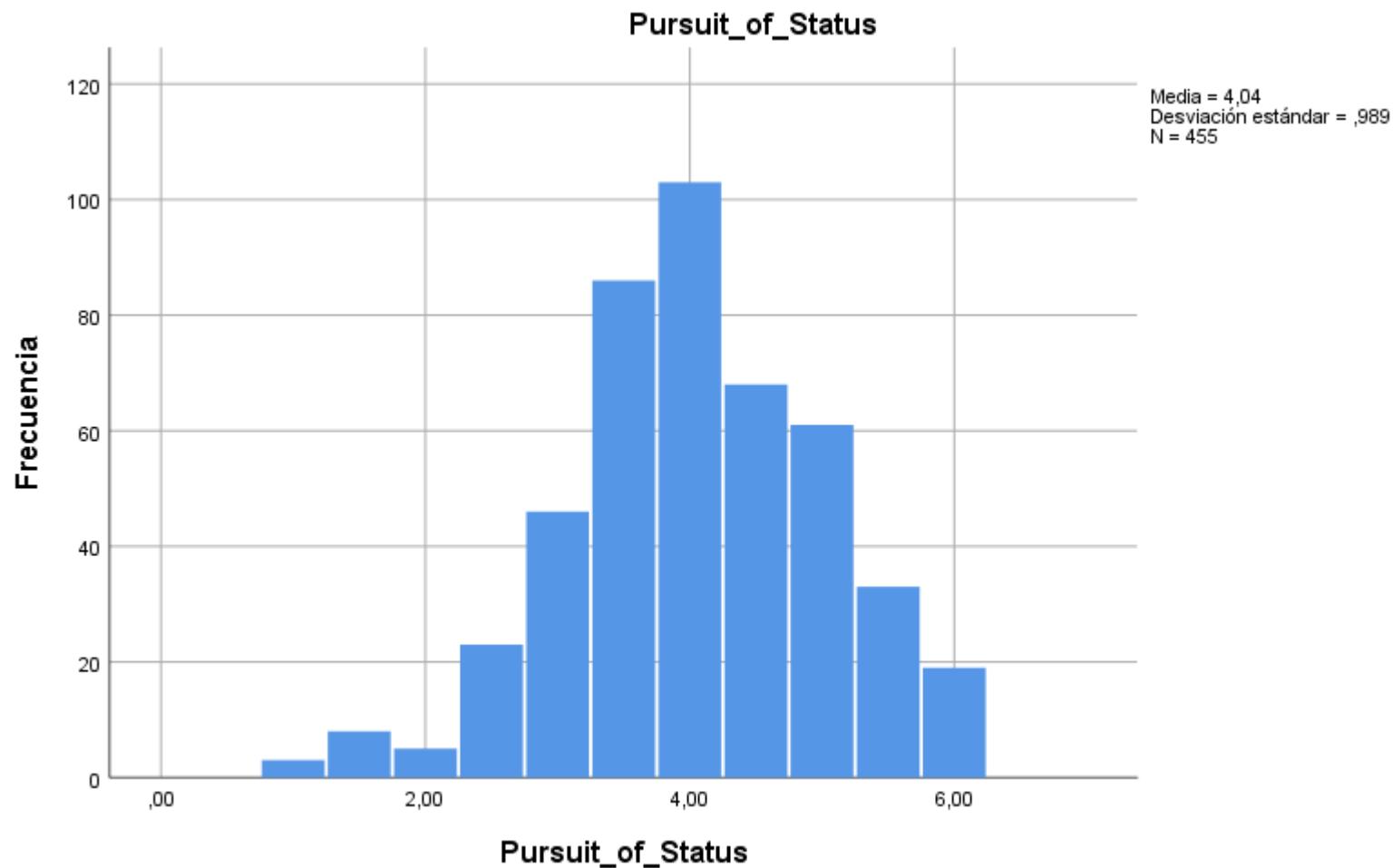
Me importa mucho que la gente piense que soy heterosexual



## Pursuit of Status

Yo odiaría ser importante (R)

Nunca hago nada para llegar a ser importante (R)



¿Se relaciona la masculinidad hegemónica con alguna otra variable recogida en la encuesta?

## Actitudes favorables a la implicación del padre

**21. ¿En qué medida estaría de acuerdo o en desacuerdo con cada una de estas afirmaciones? (Por favor, conteste con sinceridad)**

| De 1="Completamente en desacuerdo" a 6="Completamente de acuerdo"  | Completa mente en desacuerdo | Bastante en desacuerdo | Algo en desacuerdo | Algo de acuerdo | Bastante de acuerdo | Completa mente de acuerdo |
|--|------------------------------|------------------------|--------------------|-----------------|---------------------|---------------------------|
| 21b. Un hombre puede estar tan capacitado como una mujer para cuidar de su bebé y conectar emocionalmente con él   | 1                            | 2                      | 3                  | 4               | 5                   | 6                         |
| 21d. Los hombres deberían utilizar tanto como las mujeres las medidas de conciliación de la vida familiar y laboral que ofrecen las empresas                 | 1                            | 2                      | 3                  | 4               | 5                   | 6                         |
| 21f. Hay muchos hombres que van a utilizar los permisos de paternidad (cada vez más largos) para estar de vacaciones y no tanto para cuidar de sus bebés (R) | 1                            | 2                      | 3                  | 4               | 5                   | 6                         |
| 21i. La participación activa en el cuidado infantil debería desempeñar un papel importante en la autorrealización de los hombres como padres                 | 1                            | 2                      | 3                  | 4               | 5                   | 6                         |

## Escala ideológica

**18. Cuando se habla de ideología política se utilizan normalmente las expresiones izquierda y derecha. En la siguiente escala de ideología política, que abarca desde 0 (muy a la izquierda) a 10 (muy a la derecha), ¿en qué casilla se situaría usted?**

|                      |   |   |   |   |   |   |   |   |   |   |    |                    |
|----------------------|---|---|---|---|---|---|---|---|---|---|----|--------------------|
| Muy a la izquierda → | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | ← Muy a la derecha |
|----------------------|---|---|---|---|---|---|---|---|---|---|----|--------------------|

## Autoestima baja

**22. ¿En qué medida estaría de acuerdo o en desacuerdo con cada una de estas afirmaciones? (Por favor, conteste con sinceridad)**

| De 1=“Completamente en desacuerdo” a 6=“Completamente de acuerdo”    | Completa mente en desacuerdo | Bastante en desacuerdo | Algo en desacuerdo | Algo de acuerdo | Bastante de acuerdo | Completa mente de acuerdo |
|--|------------------------------|------------------------|--------------------|-----------------|---------------------|---------------------------|
| 22a. Me siento una persona tan valiosa como las otras <b>(R)</b>     | 1                            | 2                      | 3                  | 4               | 5                   | 6                         |
| 22b Generalmente me inclino a pensar que soy un fracaso              | 1                            | 2                      | 3                  | 4               | 5                   | 6                         |
| 22c. Creo que tengo algunas cualidades buenas <b>(R)</b>             | 1                            | 2                      | 3                  | 4               | 5                   | 6                         |
| 22d. Soy capaz de hacer las cosas tan bien como los demás <b>(R)</b> | 1                            | 2                      | 3                  | 4               | 5                   | 6                         |
| 22e. Creo que no tengo mucho de lo que estar orgulloso/a             | 1                            | 2                      | 3                  | 4               | 5                   | 6                         |
| 22f. Tengo una actitud positiva hacia mí mismo/a <b>(R)</b>          | 1                            | 2                      | 3                  | 4               | 5                   | 6                         |
| 22g. En general me siento satisfecho conmigo mismo/a <b>(R)</b>      | 1                            | 2                      | 3                  | 4               | 5                   | 6                         |
| 22h. Me gustaría tener más respeto por mí mismo/a                    | 1                            | 2                      | 3                  | 4               | 5                   | 6                         |
| 22i. Realmente me siento inútil en algunas ocasiones                 | 1                            | 2                      | 3                  | 4               | 5                   | 6                         |
| 22j. A veces pienso que no sirvo para nada                           | 1                            | 2                      | 3                  | 4               | 5                   | 6                         |

## Correlaciones

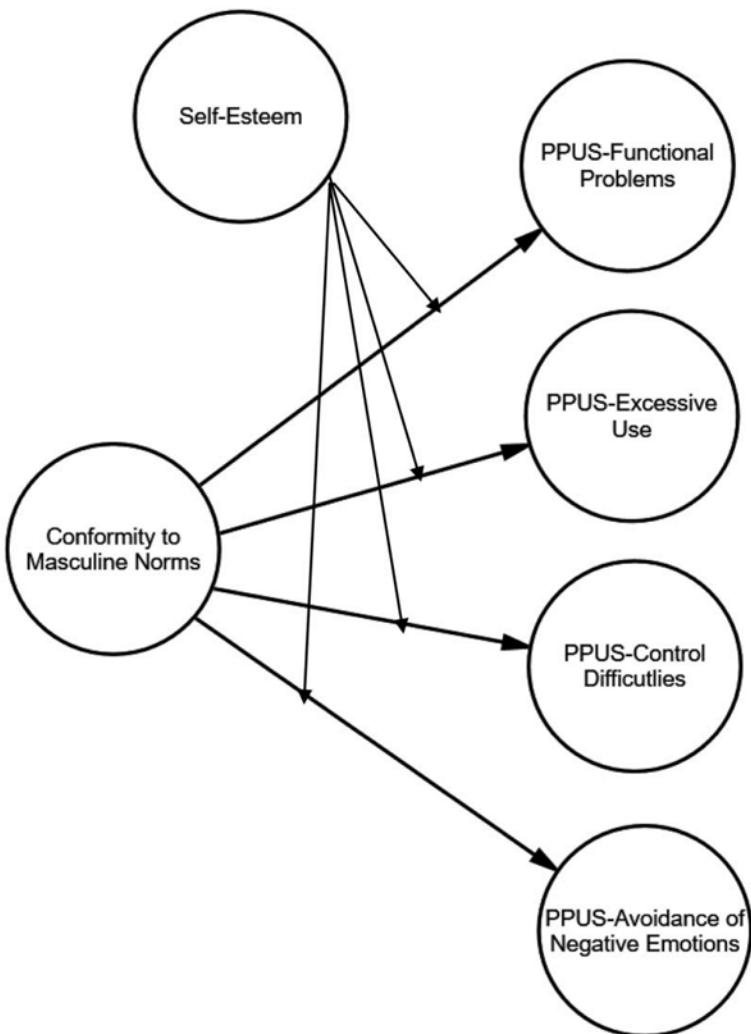
|                                     |                        | Masculinidad<br>hegemónica | Actitudes<br>favorables a la<br>implicación del<br>padre | Escala<br>ideológica | Autoestima baja |
|-------------------------------------|------------------------|----------------------------|--|----------------------|-----------------|
| Masculinidad<br>hegemónica          | Correlación de Pearson | 1                          | -,317 **   | ,179 **              | ,206 **         |
|                                     | Sig. (bilateral)       |                            | ,000   | ,000                 | ,000            |
|                                     | N                      | 455                        | 455  | 455                  | 455             |
| Actitud_Favorable_implicación_padre | Correlación de Pearson | -,317 **                   | 1  | -,159 **             | -,225 **        |
|                                     | Sig. (bilateral)       | ,000                       |  | ,001                 | ,000            |
|                                     | N                      | 455                        | 455  | 455                  | 455             |
| P24ltbgtCuandosehabla               | Correlación de Pearson | ,179 **                    | -,159 **   | 1                    | -,082           |
|                                     | Sig. (bilateral)       | ,000                       | ,001   |                      | ,081            |
|                                     | N                      | 455                        | 455  | 455                  | 455             |
| Autoestima_Baja                     | Correlación de Pearson | ,206 **                    | -,225 **   | -,082                | 1               |
|                                     | Sig. (bilateral)       | ,000                       | ,000   | ,081                 |                 |
|                                     | N                      | 455                        | 455  | 455                  | 455             |

\*\* · La correlación es significativa en el nivel 0,01 (bilateral).

## 2º Masculinidad y uso problemático de la pornografía

Borgogna, N. C.; McDermott, R. C.; Berry, A. T.; y Browning, B. R. (2020): “**Masculinity and Problematic Pornography Viewing: The Moderating Role of Self-Esteem**”, *Psychology of Men & Masculinities*, 21(1), 81–94.

<https://psycnet.apa.org/record/2019-25331-001>



*Figure 1.* Conceptual model of the moderating effect of self-esteem on the associations between men's conformity to masculine role norms and problematic pornography viewing. Although conformity to masculine role norms is represented in this figure as a single latent variable, this is solely for readability. The actual model tested the combined contributions of each masculine role norm as predictors of problematic pornography domains. Furthermore, for readability, disturbance terms, covariances, and covariates are not pictured.

## Problematic Pornography Use Scale (PPUS)

The Problematic Pornography Use Scale (Kor et al., 2014) is a 12-item measure of four dimensions of problematic pornography viewing.

Factor 1 – Distress and functional problems (22.3%, Cronbach alpha = .91)

Using pornography has created significant problems in my personal relationships with other people, in social situations, at work or in other important aspects of my life  
I risked or put in jeopardy a significant relationship, place of employment, educational or career opportunity because of the use of pornographic materials  
I continued using pornography despite the danger of harming myself physically (for example: difficulty getting an erection due to extensive use, difficulty reaching an orgasm in ways that do not include pornography)

Factor 2 – Excessive use (21.8%, Cronbach alpha = .86)

I often think about pornography  
I spend too much time being involved in thoughts about pornography  
I spend too much time planning to and using pornography

Factor 3 – Control difficulties (21.4%, Cronbach alpha = .75)

I feel I cannot stop watching pornography  
I have been unsuccessful in my efforts to reduce or control the frequency I use pornography in my life  
I keep on watching pornographic materials even though I intend to stop

Factor 4 – Use for escape/avoid negative emotions (13.7%, Cronbach alpha = .93)

I use pornographic materials to escape my grief or to free myself from negative feelings  
I watch pornographic materials when am feeling despondent  
I have used pornography while experiencing unpleasant or difficult feelings (for example: depression, sorrow, anxiety, boredom, restlessness, shame or nervousness)

Items are scored on a Likert-type scale (1 *never true* to 6 *almost always true*).

<https://www.sciencedirect.com/science/article/pii/S030646031400029X?via%3Dihub>

# Conformity to Masculine Norms Inventory-46 (CMNI-46)

## Emotional Control

- 13r. I bring up my feelings when talking to others.
- 18. I never share my feelings.
- 25r. I like to talk about my feelings.
- 32. I tend to keep my feelings to myself.
- 40r. I tend to share my feelings.
- 45. I hate it when people ask me to talk about my feelings.

## Winning

- 1. In general, I will do anything to win.
- 7r. Winning is not my first priority.
- 15r. I don't mind losing.
- 22. It is important for me to win.
- 27r. More often than not, losing does not bother me.
- 33r. Winning is not important to me.

## Playboy

- 2. If I could, I would frequently change sexual partners.
- 12r. I would only have sex if I was in a committed relationship.
- 21. I would feel good if I had many sexual partners.
- 36. It would be enjoyable to date more than one person at a time.

## Violence

- 4r. I believe that violence is never justified.
- 9r. I am disgusted by any kind of violence.
- 19. Sometimes violent action is necessary.
- 30. I am willing to get into a physical fight if necessary.
- 34r. Violence is almost never justified.
- 41r. No matter what the situation I would never act violently.

## Self-Reliance

- 3. I hate asking for help.
- 10r. I ask for help when I need it.
- 26. I never ask for help.
- 38r. I am not ashamed to ask for help.
- 43. It bothers me when I have to ask for help.

## Risk-Taking

- 6r. In general, I do not like risky situations.
- 8. I enjoy taking risks.
- 16. I take risks.
- 28. I frequently put myself in risky situations.
- 35. I am happiest when I'm risking danger.

## Power Over Women

- 20. In general, I control the women in my life.
- 9. Women should be subservient to men.
- 42. Things tend to be better when men are in charge.
- 44. I love it when men are in charge of women.

## Primacy of Work

- 11. My work is the most important part of my life.
- 23r. I don't like giving all my attention to work.
- 31. I feel good when work is my first priority.
- 39. Work comes first.

## Heterosexual Self-Presentation

- 5r. Being thought of as gay is not a bad thing.
- 14. I would be furious if someone thought I was gay.
- 17r. It would not bother me at all if someone thought I was gay.
- 24. It would be awful if people thought I was gay.
- 37. I would feel uncomfortable if someone thought I was gay.
- 46. I try to avoid being perceived as gay.

Items are scored on a Likert scale from 1 (*strongly disagree*) to 4 (*strongly agree*), with higher scores indicating stronger adherence to that particular masculine norm.

## **Self-Liking/Self-Competence Scale → Self-Liking subscale**

The Self-Liking/Self-Competence Scale is a 20-item self-report measure of self-esteem (Tafarodi & Swann, 1995). For convenience, we specifically used the 10-item Self-Liking subscale ("I feel good about who I am,") as our measure.

1. (SC-p) Owing to my capabilities, I have much potential.
2. (SL-p) I feel comfortable about myself.
3. (SC-n) I don't succeed at much.
4. (SC-p) I have done well in life so far.
5. (SC-p) I perform very well at a number of things.
6. (SL-n) It is often unpleasant for me to think about myself.
7. (SL-n) I tend to devalue myself.
8. (SL-p) I focus on my strengths.
9. (SL-n) I feel worthless at times.
10. (SC-p) I am a capable person.
11. (SC-n) I do not have much to be proud of.
12. (SL-p) I'm secure in my sense of self-worth.
13. (SL-p) I like myself.
14. (SL-n) I do not have enough respect for myself.
15. (SC-p) I am talented.
16. (SL-p) I feel good about who I am.
17. (SC-n) I am not very competent.
18. (SL-n) I have a negative attitude toward myself.
19. (SC-n) I deal poorly with challenges.
20. (SC-n) I perform inadequately in many important situations.

Questions consist of positively and negatively worded items on a **5-point Likert scale** from *strongly disagree* to *strongly agree*.

[https://www.researchgate.net/publication/14544894\\_Self-Linking\\_and\\_Self-Competence\\_as\\_Dimensions\\_of\\_Global\\_Self-Esteem\\_Initial\\_Validation\\_of\\_a\\_Measure](https://www.researchgate.net/publication/14544894_Self-Linking_and_Self-Competence_as_Dimensions_of_Global_Self-Esteem_Initial_Validation_of_a_Measure)

Table 1  
*Demographics of the Sample*

| Demographics                     | Men ( <i>n</i> = 520)  |
|----------------------------------|------------------------|
| Race                             |                        |
| White or Caucasian               | 67.3%                  |
| Black/African American           | 15.4%                  |
| Hispanic/Latino(a)               | 6.0%                   |
| Asian American/Middle Eastern    | 8.2%                   |
| Native American/Pacific Islander | 0.8%                   |
| Other/Multiracial                | 2.3%                   |
| Sexual orientation               |                        |
| Heterosexual                     | 83.1%                  |
| Homosexual                       | 8.7%                   |
| Bisexual                         | 5.2%                   |
| Questioning                      | 1.7%                   |
| Other sexual minority            | 1.3%                   |
| Relationship status              |                        |
| Single                           | 51.3%                  |
| Casually dating                  | 11.9%                  |
| Seriously dating                 | 21.9%                  |
| Engaged/Married                  | 12.1%                  |
| Separated/Divorced               | 1.5%                   |
| Widower                          | 0.8%                   |
| Other                            | 0.4%                   |
| Highest level of education       |                        |
| High school                      | 72.3%                  |
| Associates/Technical             | 9.8%                   |
| Bachelors                        | 11.9%                  |
| Masters                          | 3.3%                   |
| Doctorate/Professional           | 2.5%                   |
| Religion                         |                        |
| Christian                        | 62.7%                  |
| Agnostic/Atheist                 | 23.3%                  |
| Hindu                            | 1.3%                   |
| Muslim                           | 3.5%                   |
| Jewish                           | 1.2%                   |
| Buddhist                         | 1.9%                   |
| Other                            | 6.0%                   |
| Missing/Did not respond          | 0.2%                   |
|                                  | <i>M</i> ( <i>SD</i> ) |
| Age                              | 25.46 (11.99)          |
| Age of first pornography viewing | 13.39 (2.92)           |
| Pornography viewing frequency    | 3.35 (1.29)            |
|                                  | Range                  |
|                                  | 18–80                  |
|                                  | 4–30                   |
|                                  | 1–5                    |

Table 3

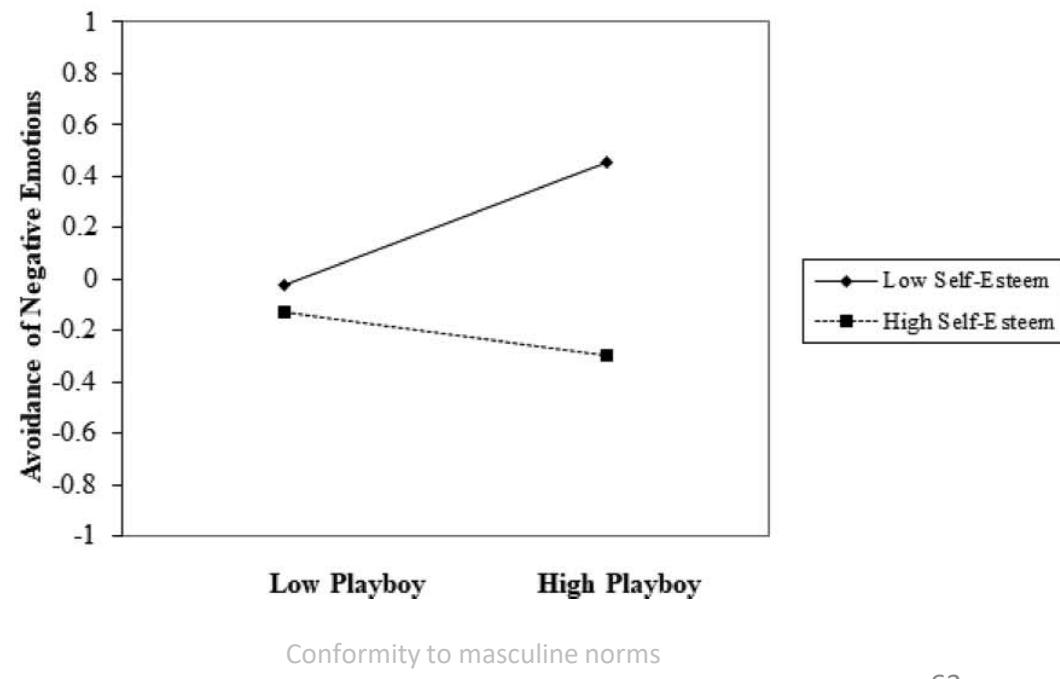
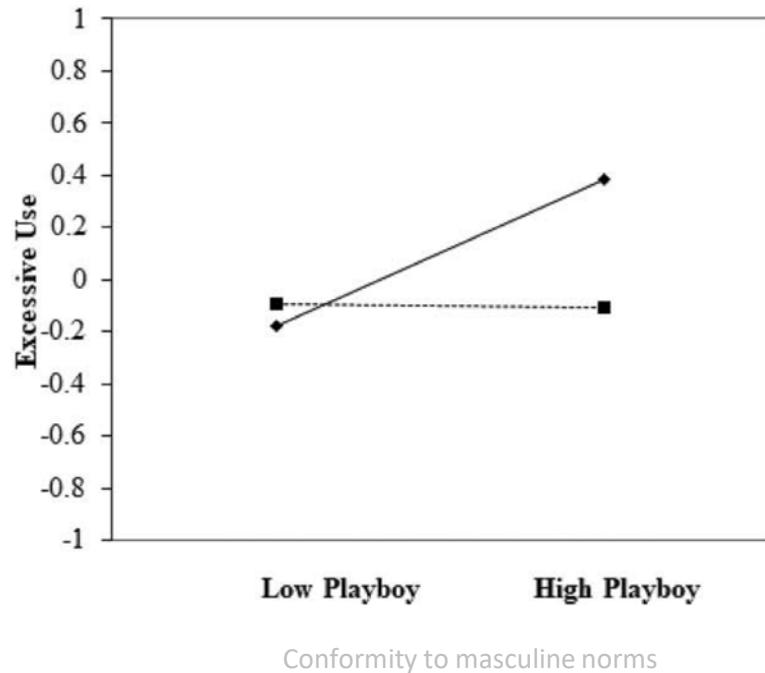
*Standardized and Unstandardized Structural Model Results<sup>a</sup>*

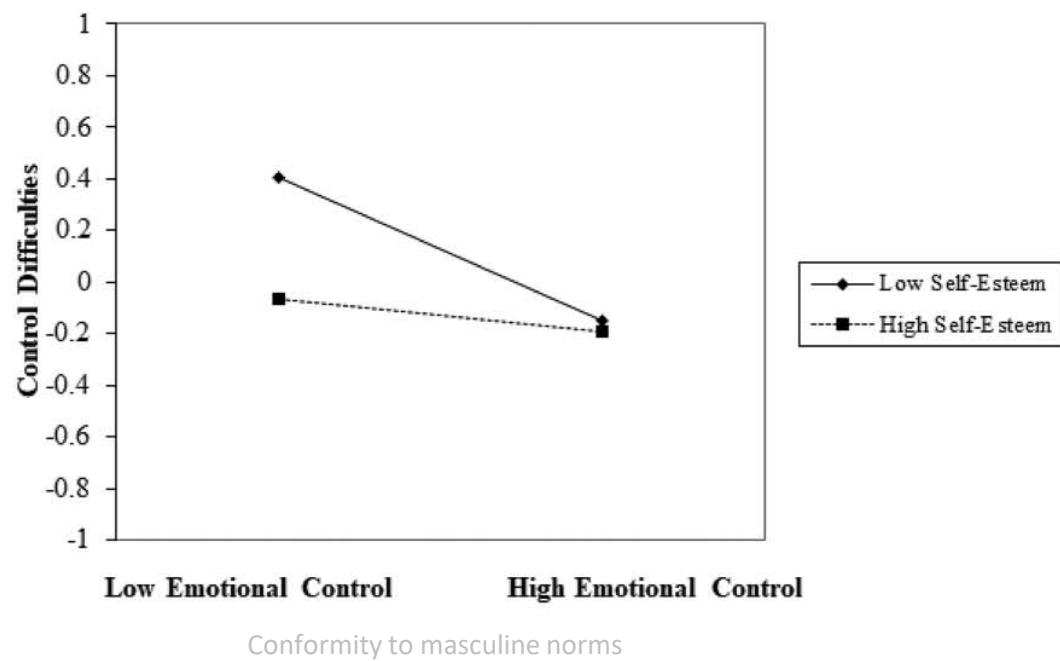
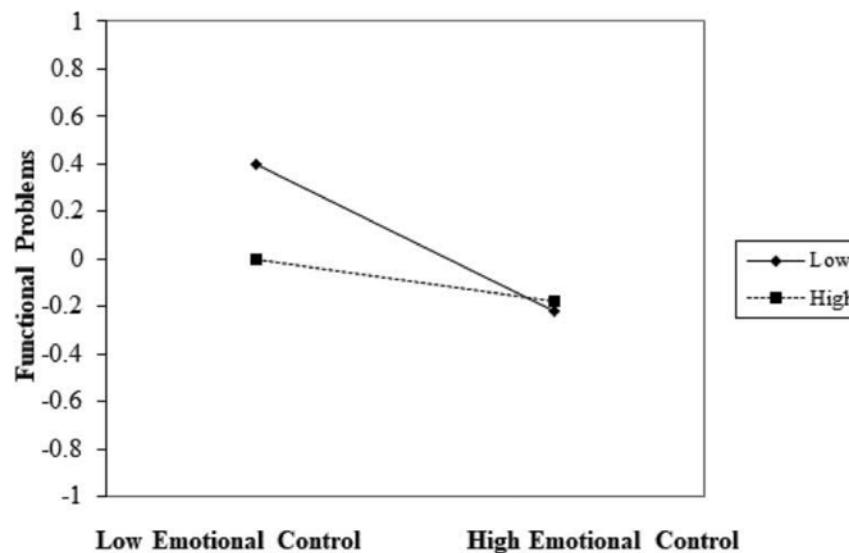
| Predictor variables →      | Criterion variables                   | B           | SE  | β       | 95% CI       |
|----------------------------|---------------------------------------|-------------|-----|---------|--------------|
| <b>Power Over Women</b> →  | <b>Functional Problems</b>            | <b>.53</b>  | .16 | .25***  | [.20, .84]   |
| <b>Power Over Women</b> →  | <b>Excessive Use</b>                  | <b>.44</b>  | .14 | .21***  | [.20, .76]   |
| <b>Power Over Women</b> →  | <b>Control Difficulties</b>           | <b>.46</b>  | .14 | .20***  | [.17, .73]   |
| <b>Power Over Women</b> →  | <b>Avoidance of Negative Emotions</b> | <b>.59</b>  | .17 | .21***  | [.28, .96]   |
| Self-Reliance →            | Functional Problems                   | .16         | .13 | .10     | [-.12, .39]  |
| Self-Reliance →            | Excessive Use                         | .08         | .11 | .05     | [-.10, .30]  |
| Self-Reliance →            | Control Difficulties                  | .09         | .14 | .05     | [-.16, .33]  |
| Self-Reliance →            | Avoidance of Negative Emotions        | .21         | .15 | .10     | [-.05, .51]  |
| <b>Winning</b> →           | <b>Functional Problems</b>            | <b>-.21</b> | .10 | -.12*   | [-.40, -.01] |
| Winning →                  | Excessive Use                         | -.06        | .09 | -.03    | [-.24, .13]  |
| Winning →                  | Control Difficulties                  | -.11        | .12 | -.06    | [-.35, .12]  |
| <b>Winning</b> →           | <b>Avoidance of Negative Emotions</b> | <b>-.25</b> | .13 | -.11*   | [-.51, -.02] |
| Playboy →                  | Functional Problems                   | .04         | .08 | .03     | [-.12, .16]  |
| <b>Playboy</b> →           | <b>Excessive Use</b>                  | <b>.13</b>  | .07 | .11*    | [.01, .28]   |
| Playboy →                  | Control Difficulties                  | .06         | .08 | .05     | [-.08, .23]  |
| Playboy →                  | Avoidance of Negative Emotions        | .08         | .09 | .05     | [-.05, .27]  |
| <b>Emotional Control</b> → | <b>Functional Problems</b>            | <b>-.29</b> | .11 | -.19**  | [-.52, -.07] |
| <b>Emotional Control</b> → | <b>Excessive Use</b>                  | <b>-.21</b> | .09 | -.14*   | [-.38, -.04] |
| <b>Emotional Control</b> → | <b>Control Difficulties</b>           | <b>-.27</b> | .11 | -.16**  | [-.48, -.07] |
| <b>Emotional Control</b> → | <b>Avoidance of Negative Emotions</b> | <b>-.29</b> | .12 | -.14*   | [-.55, -.06] |
| Self-Esteem →              | Functional Problems                   | -.08        | .08 | -.07    | [-.08, .57]  |
| Self-Esteem →              | Excessive Use                         | -.10        | .06 | -.08    | [-.29, .18]  |
| Self-Esteem →              | Control Difficulties                  | -.13        | .07 | -.09    | [-.43, .13]  |
| <b>Self-Esteem</b> →       | <b>Avoidance of Negative Emotions</b> | <b>-.30</b> | .09 | -.19*** | [-.46, -.13] |

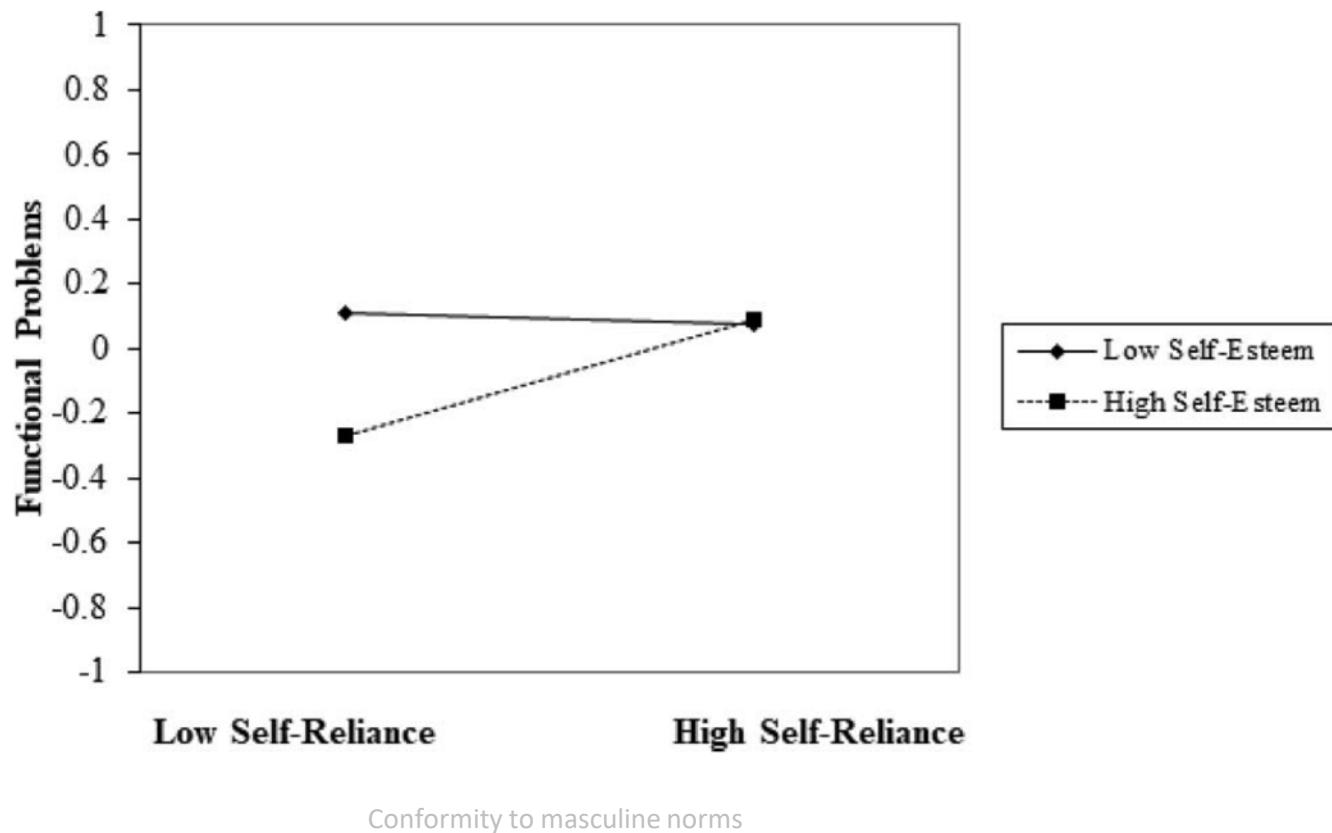
Note. B = unstandardized regression coefficient; β = standardized regression coefficient; CI = confidence interval. Boldface indicates significant path.

<sup>a</sup> A separate model generated with parcels on the self-esteem, winning, and emotional control factors demonstrated the same results with superior fit (though accounted for less variance in the interactions). Contact Nicholas C. Borgogna for information regarding additional models tested.

\*  $p < .05$ . \*\*  $p < .01$ . \*\*\*  $p < .001$ .







# **ANEXOS**

Charla de Ritzar Bacete

<https://factorhuma.org/es/area-socios/webinars/58928-area-socios/webinars/14206-ritxar-bacete-transicion-de-los-hombres-hacia-el-s-xxi-modelos-androginos-en-las-organizaciones>

Págs. 76-81 de R. W. Connell (2005):  
***Masculinities***, 2º edition, University of California Press.

### **Relations among Masculinities: Hegemony, Subordination, Complicity, Marginalization**

With growing recognition of the interplay between gender, race and class it has become common to recognize multiple masculinities: black as well as white, working-class as well as middle-class. This is welcome, but it risks another kind of oversimplification. It is easy in this framework to think that there is *a* black masculinity or *a* working-class masculinity.

To recognize more than one kind of masculinity is only a first step. We have to examine the relations between them. Further, we have to unpack the milieux of class and race and scrutinize the gender relations operating within them. There are, after all, gay black men and effeminate factory hands, not to mention middle-class rapists and cross-dressing bourgeois.

A focus on the gender relations among men is necessary to keep the analysis dynamic, to prevent the acknowledgement of multiple masculinities collapsing into a character typology, as happened with Fromm and the *Authoritarian Personality* research. 'Hegemonic masculinity' is not a fixed character type, always and everywhere the same. It is, rather, the masculinity that occupies the hegemonic position in a given pattern of gender relations, a position always contestable.

A focus on relations also offers a gain in realism. Recognizing multiple masculinities, especially in an individualist culture such as the United States, risks taking them for alternative lifestyles, a matter of consumer choice. A relational approach makes it easier to recognize the hard compulsions under which gender configurations are formed, the bitterness as well as the pleasure in gendered experience.

With these guidelines, let us consider the practices and relations that construct the main patterns of masculinity in the current Western gender order.

### **Hegemony**

The concept of 'hegemony', deriving from Antonio Gramsci's analysis of class relations, refers to the cultural dynamic by which a group claims and sustains a leading position in social life. At any given time, one form of masculinity rather than others is culturally exalted. Hegemonic masculinity can be defined as the configuration of gender practice which embodies the currently accepted answer to the problem of the legitimacy of patriarchy, which guarantees (or is taken to guarantee) the dominant position of men and the subordination of women.<sup>15</sup>

This is not to say that the most visible bearers of hegemonic masculinity are always the most powerful people. They may be exemplars, such as film actors, or even fantasy figures, such as film characters. Individual holders of institutional power or great wealth may be far from the hegemonic pattern in their personal lives. (Thus a male member of a prominent business dynasty was a key figure in the gay/transvestite social scene in Sydney in the 1950s, because of his wealth and the protection this gave in the cold-war climate of political and police harassment.)<sup>16</sup>

Nevertheless, hegemony is likely to be established only if there is some correspondence between cultural ideal and institutional power, collective if not individual. So the top levels of business, the military and government provide a fairly convincing *corporate* display of masculinity, still very little shaken by feminist women or dissenting men. It is the successful claim to authority, more than direct violence, that is the mark of hegemony (though violence often underpins or supports authority).

I stress that hegemonic masculinity embodies a 'currently accepted' strategy. When conditions for the defence of patriarchy change, the bases for the dominance of a particular masculinity are eroded. New groups may challenge old solutions and construct a new hegemony. The dominance of *any* group of men may be challenged by women. Hegemony, then, is a historically mobile relation. Its ebb and flow is a key element of the picture

of masculinity proposed in this book. I will examine its long-term history in Chapter 8 and recent contestations in Chapters 9 and 10.

### *Subordination*

Hegemony relates to cultural dominance in the society as a whole. Within that overall framework there are specific gender relations of dominance and subordination between groups of men.

The most important case in contemporary European/American society is the dominance of heterosexual men and the subordination of homosexual men. This is much more than a cultural stigmatization of homosexuality or gay identity. Gay men are subordinated to straight men by an array of quite material practices.

These practices were listed in early Gay Liberation texts such as Dennis Altman's *Homosexual: Oppression and Liberation*. They have been documented at length in studies such as the NSW Anti-Discrimination Board's 1982 report *Discrimination and Homosexuality*. They are still a matter of everyday experience for homosexual men. They include political and cultural exclusion, cultural abuse (in the United States gay men have now become the main symbolic target of the religious right), legal violence (such as imprisonment under sodomy statutes), street violence (ranging from intimidation to murder), economic discrimination and personal boycotts. It is not surprising that an Australian working-class man, reflecting on his experience of coming out in a homophobic culture, would remark:

You know, I didn't totally realize what it was to be gay. I mean it's a bastard of a life.<sup>17</sup>

Oppression positions homosexual masculinities at the bottom of a gender hierarchy among men. Gayness, in patriarchal ideology, is the repository of whatever is symbolically expelled from hegemonic masculinity, the items ranging from fastidious taste in home decoration to receptive anal pleasure. Hence, from the point of view of hegemonic masculinity, gayness is easily assimilated to femininity. And hence – in the view of some gay theorists – the ferocity of homophobic attacks.

Gay masculinity is the most conspicuous, but it is not the only subordinated masculinity. Some heterosexual men and boys too are expelled from the circle of legitimacy. The process is marked by a rich vocabulary of abuse: wimp, milksop, nerd, turkey, sissy, lily liver, jellyfish, yellowbelly, candy ass, ladyfinger, pushover, cookie pusher, cream puff, motherfucker, pantywaist, mother's boy, four-eyes, ear'-ole, dweeb, geek, Milquetoast, Cedric, and so on. Here too the symbolic blurring with femininity is obvious.

### *Complicity*

Normative definitions of masculinity, as I have noted, face the problem that not many men actually meet the normative standards. This point applies to hegemonic masculinity. The number of men rigorously practising the hegemonic pattern in its entirety may be quite small. Yet the majority of men gain from its hegemony, since they benefit from the patriarchal dividend, the advantage men in general gain from the overall subordination of women.

As Chapter 1 showed, accounts of masculinity have generally concerned themselves with syndromes and types, not with numbers. Yet in thinking about the dynamics of society as a whole, numbers matter. Sexual politics is mass politics, and strategic thinking needs to be concerned with where the masses of people are. If a large number of men have some connection with the hegemonic project but do not embody hegemonic masculinity, we need a way of theorizing their specific situation.

This can be done by recognizing another relationship among groups of men, the relationship of complicity with the hegemonic project. Masculinities constructed in ways that realize the patriarchal dividend, without the tensions or risks of being the front-line troops of patriarchy, are complicit in this sense.

It is tempting to treat them simply as slacker versions of hegemonic masculinity – the difference between the men who cheer football matches on TV and those who run out into the mud and the tackles themselves. But there is often something more definite and carefully crafted than that. Marriage, fatherhood and community life often involve extensive compromises with women rather than naked domination or an uncontested display of authority.<sup>18</sup> A great many men who draw the patriarchal dividend

also respect their wives and mothers, are never violent towards women, do their accustomed share of the housework, bring home the family wage, and can easily convince themselves that feminists must be bra-burning extremists.

### *Marginalization*

Hegemony, subordination and complicity, as just defined, are relations internal to the gender order. The interplay of gender with other structures such as class and race creates further relationships between masculinities.

In Chapter 2 I noted how new information technology became a vehicle for redefining middle-class masculinities at a time when the meaning of labour for working-class men was in contention. This is not a question of a fixed middle-class masculinity confronting a fixed working-class masculinity. Both are being reshaped, by a social dynamic in which class and gender relations are simultaneously in play.

Race relations may also become an integral part of the dynamic between masculinities. In a white-supremacist context, black masculinities play symbolic roles for white gender construction. For instance, black sporting stars become exemplars of masculine toughness, while the fantasy figure of the black rapist plays an important role in sexual politics among whites, a role much exploited by right-wing politics in the United States. Conversely, hegemonic masculinity among whites sustains the institutional oppression and physical terror that have framed the making of masculinities in black communities.

Robert Staples's discussion of internal colonialism in *Black Masculinity* shows the effect of class and race relations at the same time. As he argues, the level of violence among black men in the United States can only be understood through the changing place of the black labour force in American capitalism and the violent means used to control it. Massive unemployment and urban poverty now powerfully interact with institutional racism in the shaping of black masculinity.<sup>19</sup>

Though the term is not ideal, I cannot improve on 'marginalization' to refer to the relations between the masculinities in dominant and subordinated classes or ethnic groups. Marginalization is always relative to the *authorization* of the hegemonic

masculinity of the dominant group. Thus, in the United States, particular black athletes may be exemplars for hegemonic masculinity. But the fame and wealth of individual stars has no trickle-down effect; it does not yield social authority to black men generally.

The relation of marginalization and authorization may also exist between subordinated masculinities. A striking example is the arrest and conviction of Oscar Wilde, one of the first men caught in the net of modern anti-homosexual legislation. Wilde was trapped because of his connections with homosexual working-class youths, a practice unchallenged until his legal battle with a wealthy aristocrat, the Marquess of Queensberry, made him vulnerable.<sup>20</sup>

These two types of relationship – hegemony, domination/subordination and complicity on the one hand, marginalization/authorization on the other – provide a framework in which we can analyse specific masculinities. (This is a sparse framework, but social theory should be hardworking.) I emphasize that terms such as 'hegemonic masculinity' and 'marginalized masculinities' name not fixed character types but configurations of practice generated in particular situations in a changing structure of relationships. Any theory of masculinity worth having must give an account of this process of change.

### **Historical Dynamics, Violence and Crisis Tendencies**

To recognize gender as a social pattern requires us to see it as a product of history, and also as a *producer* of history. In Chapter 2 I defined gender practice as onto-formative, as constituting reality, and it is a crucial part of this idea that social reality is dynamic in time. We habitually think of the social as less real than the biological, what changes as less real than what stays the same. But there is a colossal reality to history. It is the modality of human life, precisely what defines us as human. No other species produces and lives in history, replacing organic evolution with radically new determinants of change.

To recognize masculinity and femininity as historical, then, is not to suggest they are flimsy or trivial. It is to locate them firmly in the world of social agency. And it raises a string of questions about their historicity.