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XV OLYMPIC WINTER  
GAMES

CALGARY OLYMPIC VILLAGE  
MENUS

ATHLETES  
SUPPORT PERSONNEL

UNIVERSITY OF  
CALGARY  
APRIL 1987

OLYMPIC ATHLETES VILLAGE - UNIVERSITY OF CALGARY

BREAKFAST - DAY 1

JUICES

Orange, V8, Apple, Raspberry  
Grapefruit, Pineapple, Prune,  
Tomato, Grape, Natural Fruit  
Nectars

FRUITS

Apples, Oranges, Bananas,  
Strawberries, Stewed Prunes

CEREALS

Cold - Assorted Individual  
Granola, Tritical Flakes  
Hot - Cream of Wheat

SOUP

Cream of Mushroom  
Borstch with Sour Cream

ENTREES

Cheddar Cheese Omelet  
Poached Eggs  
Canadian Back Bacon  
Beef Sausages  
Fried Kippers  
Blueberry Waffles

O'Brian Potatoes  
Pasta Shells  
Steamed Rice

BAKED GOODS

Whole wheat croissants  
Bran Muffins  
Cinnamon Buns  
Scones, Donuts

BREADS

White & Wholewheat Toast  
Ryebread  
Crusty Buns

OLYMPIC ATHLETES VILLAGE - UNIVERSITY OF CALGARY

LUNCH - DAY 1

DINNER - DAY 1

SOUPS

Cream of (Wild) Mushroom  
Potage Parmentier (Leek and Potatoes)

SOUPS

French Onion  
Mulligatawny

SPECIALITY SALADS

Cottage Cheese and Fruit  
Waldorf  
Greek

SPECIALITY SALADS

Herbal Pasta  
Jellied Fruit  
Carrot Slaw

SPECIALITY COLD MEATS

Smoked Turkey  
Head Cheese

SPECIALITY COLD MEATS

Summer Sausage  
Liverwurst

ENTREES

Tourtier "Quebecois"  
Baked Lasagna  
Chicken in Red Wine Sauce  
Minute Steak "Lyonnaise"  
Poached Sole "Frobisher Bay"

ENTREES

Roast Hip of Beef  
Tortellini with Spinach  
Turkey Cutlet  
Roast Leg of Lamb  
Baked Salmon

POTATOES AND STARCH

Whipped Potatoes  
Potatoes O'Brien  
Suet Dumplings  
Spanish Rice

POTATOES AND STARCH

Parslied Potatoes  
Pyrogies  
Curried Rice  
French Fries

VEGETABLES

Baked Green Beans  
Steamed Broccoli  
Succotash  
Mushroom Casserole

VEGETABLES

Minted Peas  
Shredded Carrots  
Ratatouille

DESSERTS

Rice Pudding  
Cranberry Loaf  
Apple Pie  
Grand Marnier Parfait

DESSERTS

Cottage Pudding - Butter-  
scotch Sauce  
Maple Syrup Pie  
Naiaimo Bars  
Cheese Cake

(See also "All Day" Menu)

Updated March 21 1987

1988 WINTER OLYMPICS  
Box Lunch Menus (Athletes)  
("Go Heals" or Travel Ticker")

	DAY: 1	2	3	4	5
BEVERAGES	Orange Juice (250 ml) Milk (250 ml)	Tropical Juice (250 ml) Milk (250 ml)	Apple Juice (250 ml) Milk (250 ml)	"5" Alive Juice (250 ml) Milk (250 ml)	Peach/Orange Nectar Juice (250 ml) Milk (250 ml)
FRESH FRUIT	Orange (1)	Apple (1)	Banana (1)	Pear (1)	Grapes (4 oz.)
SALAD	Waldorf (3 oz.)	Carrot/Raisin (3 oz.)	Cucumber/Dill (3 oz.)	3-Bean (3 oz.)	Cole Slaw (3 oz.)
CHEESE	Cheddar (2 oz.)	Farmers (2 oz.)	Mini Gouda (2 oz.)	Brick (2 oz.)	Marble (2 oz.)
MEATS/ SANDWICHES	1) Smoked Turkey on Kaiser Roll 2) Egg Salad/Dark Rye (black bread)	Cold Broiled Chicken "Cammore" Smoked Brisket/ Rye Bread Potato Salad	Shaved Beef/ on Onion Bun Salmon Salad/ Croissant	Baked Ham Torpedo Chicken Salad/ Pita Bread	Individual Quiche (4 oz.) Tuna Salad/ Whole Wheat
PUDDING	Rice Pudding (3 oz.)	Flav. Yogurt (250 ml)	Chocolate Pudding (3oz)	Apple Crisp (3 oz.)	Tapioca Pudding (3 oz.)
BARs	Cranberry Muffin Mars Bar	Fruit Bar Granola Bar	Lemon Loaf "Trail" Mix Pkt.	Brownie (no icing) Mars Bar	Carrot Cake Peanuts
COND.	Mayo/Mustard Salt & Pepper	BBQ Sauce/Mustard Salt & Pepper	Mustard/Mayo Salt & Pepper	Mustard Cranberry/S&P	Salt and Pepper

Second Draft 87-2-09 ALL BOXES TO CONTAIN 3 NAPKINS, MOIST TOWELETTE, PLASTIC FORK & SPOON AND WRAPPED TOOTHPICK

XV OLYMPIC WINTER GAMES

OLYMPIC ATHLETES VILLAGE - UNIVERSITY OF CALGARY

"PICOS" MENU

(Hours 1500 to 0500 each day)

Pizzas - 6" & 12" and by the piece

Pasta - Daily selection

Hamburgers

Sirloin Steaks

Chili

Hot Dogs - Jumbo

Bratwurst with Sauerkraut in Bun

Chicken Nuggets and Fingers

Jamaican Patties

French Fries

Nachos with cheese

Large Pretzels (Salted & Unsalted)

Subs & Sandwiches - Variety

Pastries - Variety

Desserts - Variety

Coffee

Tea

Milk

Hot Chocolate

Ovaltine

Carbonated Soft Drinks

Mineral Water

April 20 1987 1st Draft

XV OLYMPIC WINTER GAMES  
VILLAGE SUPPORT PERSONNEL - UNIVERSITY OF CALGARY

BREAKFAST - DAY 1

JUICES            Orange, Apple, Grapefruit

FRUIT            Oranges, Apples, Bananas  
                  Grapefruit Half

CEREALS           Assorted Cold Cereals  
                  Cream of Wheat

ENTREES           Poached Eggs  
                  Bacon  
                  Beef Sausages  
                  O'Brien Potatoes

BAKED GOODS      Whole Wheat Croissants  
                  Bran Muffins  
                  Cinnamon Buns  
                  Donuts

BREADS            Toast  
                  WholeWheat  
                  White/Rye/Raisin Bread

(See also "All Day" menu)

XV OLYMPIC WINTER GAMES  
VILLAGE SUPPORT PERSONNEL - UNIVERSITY OF CALGARY

DAY 1

	LUNCH	DINNER
SOUP	Cream of Mushroom	Mulligatawny
SALADS	Waldorf Cottage Cheese & Fruit	Herbal Pasta Jellied Fruit
COLD MEATS	Smoked Turkey	Summer Sausage
ENTREES	Baked Lasagne Chicken in Red Wine Sauce	Roast Leg of Lamb Turkey Cutlet
VEGETABLES & POTATOES	Potatoes O'Brien Spanish Rice Baked Green Beans	Parslied Curried Rice Minted Peas
DESSERTS	Apple Pie Cranberry Loaf	Cottage Pudding Butterscotch Sauce Maple Syrup Pie

(see also "All Day" items)

XV OLYMPIC WINTER GAMES  
VILLAGE SUPPORT PERSONNEL - UNIVERSITY OF CALGARY

"ALL DAY MENU"

BREADS

White	Soft Dinner Rolls
Brown	Rye Crisp
Wholewheat	Crackers, Salted and Unsalted
Light Rye	

DELI MEATS

Roast Beef	Italian Salami
Sliced White Turkey	Pastrami
Ham	

CHEESES

Canadian Cheddar	Swiss
Marble	Processed Slices

SALADS

Butter Lettuce	Sliced Onions (White & Red)
Sliced Radishes	Cauliflowerettes
Chopped Celery	Raw Broccoli
Shredded Red Cabbage	Sliced Boiled Eggs
Carrot Coins	Bean Sprouts
Sliced Green Peppers	Cole Slaw
Sliced or Wedge Tomatoes	
Chopped Green Onions	Croutons
	Bacon Bits

DRESSINGS

French	1000 Island
Oil & Vinegar	Blue Cheese
Golden Italian	

## CONDIMENTS

### SAUCES:-

Tomato Ketchup	Tartar
Horseradish	Cranberry
HP	Mustard
Soya	Mint
A 1	White Vinegar
Tabasco	Olive Oil
Worcestershire	

### PICKLES:-

Sweet Mixed	Relish
Baby Dill Pickles	

### SPICES:-

Salt	Pepper
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### DRIED FRUITS:-

Raisins	Prunes
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### JAMS etc.:-

Strawberry	Raspberry
Grape Jelly	Marmalade
Honey	Peanut Butter

White Sugar	Golden Sugar
Sugar Substitute	Corn Syrup

### DAIRY:-

Butter	Soft Margarine
Sour Cream	Non Dairy Creamer

## DESSERTS

Ice Cream Novelties	Yogurt: Plain
Dixie Cups	Flavoured
Popsicles	Diet
Jello	Yoplait
Selection of Fresh & Preserved Fruits	

## BEVERAGES

Milk: Homo, 2%, Skim & Chocolate  
Ovaltine Hot Chocolate  
Coffee: Regular, Decaffeinated, Espresso, Flavoured  
Tea: Regular, Orange Pekoe, Earl Grey, Herbal  
Mineral Water: Plain & Flavoured  
Carbonated Soft Drinks incl. Sugar & Caffeine free