



## CURRICULUM VITAE (CVA)

**IMPORTANT** – The Curriculum Vitae cannot exceed 4 pages. Instructions to fill this document are available in the website.

<b>Part A. PERSONAL INFORMATION</b>		<b>CV date</b>	30/05/2024
First name	Andrés		
Family name	Arias Astray		
Gender (*)	Male	Birth date (dd/mm/yyyy)	30/05/1967
e-mail	<a href="mailto:aariasas@ucm.es">aariasas@ucm.es</a>	URL Web:	<a href="https://www.ucm.es/andresariasastray">https://www.ucm.es/andresariasastray</a>
Open Researcher and Contributor ID (ORCID) (*)	orcid.org/0000-0001- 86140714		

(\*) *Mandatory*

### A.1. Current position

Position	Full Professor (Catedrático de Universidad)		
Initial date	24/02/2020		
Institution	Universidad Complutense de Madrid		
Department/Center	Department of Social Work and Social Services. Faculty of Social Work		
Country	Spain	Teleph. number	913942745
Key words	Social work with groups; gender violence; child abuse; psychosocial factors and social intervention; technology and social intervention		

### A.2. Previous positions (research activity interruptions, see call)

Period	Position/Institution/Country/Interruption cause
09/14/2023-present	Director of the Department of Social Work and Social Services. Complutense University of Madrid / Spain/Continues in the position
17/07/2019-31/08/2023	General Director/ General Foundation of the Complutense University of Madrid / Spain/ Change of rectoral team
01/10/2013–30/09/2019	Academic Coordinator of the Doctoral Program in Social Work/ Faculty of Social Work. Universidad Complutense de Madrid/ Spain/ Incompatibility with other management positions
01/04/2013–2021	Member of the Executive Committee / European Association of Schools of Social Work/ Europe/End of term of office
02/05/2007–23/02/2020	Senior Lecturer. Department of Social Work. Faculty of Social Work. Complutense University of Madrid/Spain/Promotion to Full Professor
31/10/2013–16/06/2010	Vice Rector of International and Institutional Relations/ Dean / Subdirector of Postgraduate Studies and Research. Faculty of Social Work. Complutense University of Madrid/Spain/ End of terms
01/10/1999–01/05/2007	Assistant Professor / Associate Professor / Contracted Professor Dr / Full Professor EU / Department of Social Work. Faculty of Social Work. Complutense University of Madrid / Spain/ Promotion to Senior Lecturer
01/05/1996–31/10/1996	Secretary of the Faculty of Humanities / University of Almeria/ Spain/ Resignation for personal reasons
01/10/1994–30/09/1999	Assistant Professor / Full Time Associate Professor. Area of Social Psychology. University of Almeria / Spain
01/10/1992–30/09/1994	FPI and FPU scholarship holder of the MEC and the Community of Madrid/ Department of Social Psychology. Complutense University of Madrid (Spain) / Contract as Assistant Professor

### A.3. Education

PhD, Licensed, Graduate	University/Country	Year
BA Social Work	University of Castilla-La Mancha	2004
MA in Psychoanalysis	Pontifical University of Salamanca	2003
PhD Social Psychology	Complutense University of Madrid	2001
MA Health Psychology	Complutense University of Madrid	1995



Specialist in Multivariate Analysis	CSIC (Superior Center for Scientific Research)	1993
Lic. in Philosophy and Education Sciences (Psychology) National Award for Completion of Studies and Extraordinary Award	Pontifical University of Salamanca	1991

## Part B. CV SUMMARY

I am the co-director of the research group "**Psychosocial Factors and Social Intervention**" with a mention of excellence and a member of the **UCM Institute of Knowledge Technology**. My well-rounded curriculum vitae reflects a strong background in research, teaching, and management. I have successfully completed **four consecutive six-year research periods**, with the latest one still ongoing (1995-2003, 2004-2009, 2010-2015, 2016-2021). In the last decade, I have published **over 40 publications** in indexed journals such as **JCR and Scopus**, focusing on **social intervention topics**, including group work, **gender violence**, **online help-seeking processes in violent situations**, **development of multi-platform intervention strategies in virtual environments to address gender violence in romantic relationships**, **family violence**, **child abuse**, **elderly individuals**, **innovation**, and **assessment tools for social intervention practice**. These publications have been collaborative efforts with my **doctoral students**, whom I have guided towards promising research areas.

Some recent significant achievements include the development of a **Social Diagnosis System for Elderly Residents**, derived from Silvia Cury's thesis. This system is now used in all elderly care facilities in the Community of Madrid, with intellectual property rights applied for. It resulted from a collaborative agreement with the General Directorate of Elderly Affairs in the Community of Madrid, significantly improving the social diagnostic process carried out by social workers in these facilities. Additionally, the recent grant and development of the project titled "**Design of a Virtual Environment for Group Intervention through a Pilot Study with Gender Offenders under Alternative Measures**," obtained through a competitive **call for Industrial Doctorate Implementation Grants** in the Community of Madrid. Noteworthy collaborations with Lorena Gallardo Peralta have led to articles in JCR journals, highlighting the mediating role of **ethnicity and diversity factors** in **social support processes and the well-being of elderly individuals, especially in rural areas**. Also, my collaboration with Carmen Arenas Carbellido has resulted in a consistent line of research on the **relevance of online assistance-seeking in gender violence situations, exploring complementary aspects such as informal control in violent situations and the heterogeneity of violence in dating relationships**. This field of study has allowed us to collaborate with international expert researchers and disseminate results through various joint publications in JRC-indexed journals. I would also like to highlight my collaboration with **David Alonso**, whose thesis on **technology use and acceptance** I supervised. Among our projects, we recently edited the book "Social Work in Digital Societies," published by MacGraw-Hill.

Space limitations prevent me from listing all my collaborations in **supervising over 20 doctoral theses**. Some of my supervisees have received research grants or training subsidies, including **6 FPI/FPU** scholarships, and an **industrial doctorate**. I would like to briefly note that a considerable portion of these supervisory works has converged on **studying and understanding the issues of gender violence and the impact of social support and online assistance**, making it a strong focus in this group. Currently, I am supervising the work of **2 postgraduates with Marie-Curie fellowships**. This has been a dedicated focus area contributing to the growth of research in social work and intervention. All those who completed their doctoral theses with me are now involved in academic activities at various universities.

Despite my intensive research work, I have also handled significant teaching and management responsibilities since 2006. This has not prevented me from being invited to more than **20 international conferences**, presenting at over a 150, and participating in **editorial committees** of prominent publications. I have been a member of **the ExCo of the European Association of Schools of Social Work** (2012-2020) and the **Academic Council of RCC at Harvard**. Additionally, I have contributed as an operator (NILS) and evaluator in various **national and international scientific programs**, including ANECA, DEVA, Aqua, Madrid+d Foundation, the Portuguese Accreditation Agency, the Dutch research agency, and the University of Gothenburg. I have an **extensive international network** and have conducted **research stays** of more than three months at the Universities of Surrey (3), InHolland (4), Harvard (6), and Florida International (6). I have also been a **visiting professor** at the MCI Entrepreneurship School in Innsbruck, Austria, and at ISCTE-IUL in Lisbon.



## Part C. RELEVANT MERITS

### C.1. Some recent publications

**Book chapter 1.** Arias Astray, A. (2024). El trabajo social como disciplina y profesión: debates y panorámica actual. En J. Garcés (Ed.). *Tratado de General de Trabajo Social, Servicio Sociales y Política Social*. A. Arias Astray y R. M. Díez (Coords.). *Trabajo Social. Vol I* (pp. 83-117). Tirant lo Blanch. [SPI Q1].

**Edited journal special issue 1.** Arias Astray, A. (2024). Editorial. Group work. Luso-Spanish special issue. *Groupwork Vol. 31*(1), pp.4-7.

**Book editor 1.** Segado Sánchez Cabezudo, S. & A. Arias Astray (Eds.). *Modelos de trabajo social con grupos. Nuevas perspectivas y nuevos contextos* (pp. 23-52). Aranzadi. [SPI Q1].

**Research article 1.** De la Osa-Subtil, I., Arias Astray, A., Mateo Fernandez, P. V., & de Dios-Duarte, M. J. (2024). IPVAW male perpetrators convicted in Spain: a typology and characterization based on latent class analysis. *Frontiers in Psychology, 15*, DOI: 10.3389/fpsyg.2024.1353809 [JCR (JIF 3.8 / Q1)]

**Research article 2**Dios-Duarte, M. J. D., Arias Astray, A., & Barrón, A. (2024). Impact of Psychosocial Factors on Crohn's Disease Activity: A Cross-Sectional Analysis of Social Support, Stress, and Flare-Up Incidence. *Journal of Clinical Medicine*. [JCR Q2] <https://doi.org/10.20944/preprints202404.0314.v1>[JCR

**Research article 3.** De la Osa-Subtil, I., Arias Astray, A., Mateo Fernandez, P. V., & de Dios-Duarte, M. J. (2024). Adult Attachment Questionnaire: Evidence of validity in a sample of IPVAW offenders. *Frontiers in Psychology, 15*, 1265303. <https://doi.org/10.3389/fpsyg.2024.1265303> [JCR (JIF 3.8 / Q1)]

**Research article 4.** Cortés García, M., Cury, S. P., & Arias Astray, A. (2024). Writing reports in social work: Characteristics, correctness and style. *International Social Work, 00208728221112728*. <https://doi.org/10.1177/00208728221112728> [JCR (JIF 2.0 / Q2)] [SRJ Q1 SSM, Q2 SW; Q1 S&PS]

**Research article 5.** Ducca Cisneros, L., & Arias Astray, A. (2023). Participation of youth in group social intervention programmes in Madrid. A qualitative study focused on participants' experiences. *European Journal of Social Work, 1-14*. <https://doi.org/10.1080/13691457.2023.2213404> [JCR (JIF 1.5 / Q4)] [SRJ Q1 SSM, Q2 SW; Q1 S&PS]

**Research article 6.** Blanco, M., Ferreira, J. M. L., & Arias Astray, A. (2023). Parenting coordination, a new role for social workers. *Journal of Social Work, 23*(1), 143-159. <https://doi.org/10.1177/14680173221101241> [JCR (JIF 1.6 / Q3)] [SRJ Q1 SSM, Q2 SW; Q1 HSS]

**Research article 7.** Osa Subtil, I., Fernández, P. V. M., & Arias Astray, A. (2022). Insecure attachment style and child maltreatment: relations to aggression in men convicted of intimate partner violence. *Ansiedad y Estrés- Anxiety and Stress, 28*(3), 207-213. <https://doi.org/10.5093/anyes2022a24> [JCR (JIF 1.2 / JCI Q4)] [SJR Q3]

**Book editor 2.** Alonso González, D., Arias Astray, A., & Puelles, A. A. (2021). *Social work in digital societies*. McGraw-Hill Interamericana de España. ISBN: 9788448626419 [SPI Q1]

**Research article 9.** Arenas-Carbellido, C., Arias Astray, A., & Emery, C. (2020). Dating violence heterogeneity in university couples. The Cases of Spain and South Korea. *Social work in public health, 35*(6), 368-379. <https://doi.org/10.1080/19371918.2020.1775747> [JCR (JIF 1.1 / Q4)] [SJR Q3]

**Research article 9.** Cury, S. P., Arias Astray, A., & Palacios Gómez, J. L. (2019). Design of ISD-1: an instrument for social diagnosis in care homes for older persons. *European Journal of Social Work, 22*(3), 511-525. <https://doi.org/10.1080/13691457.2017.1364704> [JCR (JIF 1.2 / Q2)]

**Research article 10.** Cury, S. P., Arias Astray, A., & Palacios Gómez, J. L. (2019). Content validity analysis of ISD-1: an instrument for social diagnosis in care homes for older persons. *European Journal of Social Work, 22*(3), 526-540. <https://doi.org/10.1080/13691457.2017.1364705> [JCR (JIF 1.2 / Q2)] [SRJ Q1 SSM, Q2 SW; Q1 S&PS]

**Research article 11.** Emery, C. R., Yang, H., Kim, O., Arenas, C., & Arias Astray, A. (2017). What would your neighbor do? An experimental approach to the study of informal social control of intimate partner violence in South Korea. *Journal of Community Psychology, 45*(5), 617-629. <https://doi.org/10.1002/jcop.21882> [JCR (JIF 0.8 / Q3)]. [SJR Q1]

*\*The dynamic of the group is characterized by the senior principal investigator (PI) typically signing as the last author on scientific papers, with primary authorship positions reserved for individuals in the early stages of their careers, such as those developing theses or incipient researchers.*

### C.2. Congresses

1. Arias Astray, A. (2023). "Diversity, pluralism and learning in social work education. A commitment to equality". ECSWE 2023, Porto. 20-23 June. International. Oral Presentation.

2. Arias Astray, A. et al. (2021). "Development of IASWG Standards for Online Social Work with Groups: Global Challenges and Opportunities". IASWG Virtual International Symposium. Group Work in a Changing World: The Power of Connection. June 9 - 12, 2021. International. Invited conference.

3. Arias Astray, A. (2019). "An apology of social work with groups in three acts". First International Congress of Social Sciences: Contributions to the understanding of social transformation. Faculty of Social Work, Sociology, Psychology and Psychotherapy. University of Tlaxcala. 05/04/2019. International. Invited conference.



4. Arias Astray, A. (2019) "e-Social Group Work. Evolution, state of the art and a renewed research agenda". European Conference for Social Work Research 2019. Leuven, Belgium. 10-12 April. Oral presentation.
5. Arias Astray, A. (2018). "Working with groups to promote inclusion". XII International Congress of the Spanish Society for the Study of Anxiety and Stress. SEAS. Valencia. 20/09/2018. International. Invited conference.
6. Arias Astray, A. et al., (2018). "Reflecting on the improvement of groupwork competencies through practice learning and service projects". Conference on Practice Teaching and Field Education in Health and Social Work. Oxford. 10/09/2018. Internacional.
7. Arias Astray, A. (2017) Trying to learn after the Great Recession. Faces of Social Work Education in Europe. Seminar organized by EASSW and the Faculty of Applied Social Sciences. University of Technology, Arts, Sciences, Cologne. 08/11/2017. Invited conference.

### C.3. Latest research projects

**Research project 1.** Arias Astray, A. (UCM Coordinator) "QOLAB (Quality of Life Assessment system for build up of support services of excellence)." ERASMUS-2023-PCOOP-ENGO. Proposal Number: 101133888. Duration: 2023-2026. Grant Amount: 400.000 €.

**Research project 2.** Arias Astray, A. (research member) "Technological appropriation in older adults and informal expert models: mutual support and group strategies (APROPRIATE+)". Code: PR3/23- 30805. Duration: 01/01/2024-14/05/2025. Grant Amount: 12.000 €.

**Research project 3.** Arias Astray, A. (research member) "STEP (STEM AND EQUALITY, DIVERSITY AND INCLUSION)" HORIZON-WIDERA-2021-ACCESS-03-01-101078933. Duration: From 2023 to 2025. Grant Amount: 1.449.125 €.

**Research project 4.** Arias Astray, A. (research member) "Capacity-building for the transition from Sheltered Employment to Ordinary Employment - CO4TRAN." 2021-1-ES01-KA220-VET- 000028035. Financed by the European Union. Duration: 2022-2024. Grant Amount: 123.238 €.

**Research project 5.** Andrés Arias, A. (PI) I+D Research Project (MINECO). "Efficient social welfare and work with groups" Ref: CSO2016-78111-R. Ministry of Economy and Competitiveness. R&D&I projects, corresponding to the State Program for Research, Development and Innovation Oriented to the Challenges of Society. Duration: 2017-2021. Grant Amount: 24.000 €.

**Research project 6.** Arias Astray, A. (PI) "The value of civic engagement at the university: design, implementation and evaluation of a comprehensive service-learning program at Complutense University." Ref.: (PR26/16). Santander Research Project Funding Program - Universidad Complutense de Madrid. Call: 2016. 30.000 €. IP.

**Research project 7.** Arias Astray, A. (research member) "Towards increased Awareness, responsibility and shared quality in Social Work" Code: 585626-EPP-1-2017-1-IT-EPPKA2-CBHE-JP. Duration: 10/2017-12/2020. Grant Amount: 718.584 €.

### C.4. Contracts, technological or transfer merits

1. Arias Astray. (PI). "Design of a virtual environment for intervention with groups through a pilot study with gender aggressors who comply with alternative measures". Grants for the realization of Industrial Doctorates. Community of Madrid 2020. Ref: IND2020/ SOC-17490. Duration: 01/01/2021 - 30/12/2023. Amount: 149,638,59 €.

2. Arias Astray. (PI) "Study on unwanted loneliness in the Social Services Consortium "Las Vegas." Article 60 - LOSU (University System Law) - Complutense University of Madrid and INTERMUNICIPAL SOCIAL SERVICES CONSORTIUM "LAS VEGAS" (Code 727-2023). Duration: 19/12/2023 to 30/04/2024. Amount: 14.999 €.

3. Arias Astray, A. (PI) "Evaluation and diagnostic needs assessment report for the "Working in Digital" Project". Article 60 - LOSU - Complutense University of Madrid and CEPYME (Code 534-2023). Duration: 15/11/2023 to 30/06/2024. Amount: 11.616 €.

4. Arias Astray A. (PI) "Evaluation and diagnostic report of training needs for workers in various productive sectors nationwide, within the scope of applied digitization, in the project for actions related to the digitization of the productive sector". Article 60 - LOSU - Complutense University of Madrid and CEOE (Code 533-2023). Duration: 23/10/2023 to 30/06/2024. Amount: 34.848 €.

5. Arias Astray. (PI) "Prevention of behavioral addictions in workers with disabilities at the Special Employment Center." Article 60 - LOSU - Complutense University of Madrid and CONACEE. Duration: June 2023 to October 2023. Amount: 3.497 €.